## REBECCA MORENO

#### PROFESSIONAL SUMMARY

A dedicated Registered Nurse with eight years of experience in Emergency and Critical Care, known for collaborating effectively with diverse medical teams to deliver exceptional patient care in both critical situations and outpatient settings. Passionate about creating personalized care plans for patients and their families, fostering trusting relationships that significantly enhance outcomes. Recognized for strong problem-solving abilities and excellent communication skills, along with a proven capacity to adapt quickly to new environments. Committed to team success, actively supporting organizational goals while continuously developing professional skills, all with a positive attitude and a genuine dedication to lifelong learning.

#### **WORK EXPERIENCE**

**Disability Support Worker**, 02/2023 - 09/2024 **Special Needs Home Niagara**, Welland, ON - Canada

- Provided assistance in daily living activities by dressing, grooming, bathing, and toileting.
- Enhanced quality of life for clients with physical and intellectual disabilities through compassionate care and assistance.
- Provided high level of physical support by lifting, adjusting, and moving clients.
- Provided emotional support to clients during challenging times, fostering resilience and coping skills.
- Facilitated community integration for clients by organizing outings, social events, and other opportunities for engagement.
- Drove clients safely to social activities and appointments.
- Developed strong interpersonal relationships with clients, earning their trust and respect through consistent empathy and understanding.
- Supported clients in maintaining a clean living space by assisting with household tasks.

### Intensive Care Registered Nurse, 10/2015 - 11/2022 Santa Casa De Misericordia De Porto Alegre, Brazil

- Conducted comprehensive patient assessments, recorded vital signs, and analyzed medical records and charts to define care requirements, promptly identifying changes in condition, notifying physicians, and initiating appropriate interventions as necessary.
- Utilized critical thinking skills to prioritize nursing interventions based on patients" acuity levels and individual needs.





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#### **EDUCATION**

Bachelor of Science, Nursing, 06/2014

**Federal University Fluminense** - Brazil

**Licentiate, Nursing, 06/2014 Federal University Fluminense** Brazil

# REGISTERED NURSE LICENSE

RN CRNA 146715

### LANGUAGES

- English Fluent
- Portuguese Native

### **SKILLS**

- Hemodynamics Monitoring
- Patient Assessments
- Neurological monitoring
- Central Line, Swan-Ganz and PICC Management
- Chest Tube Management
- Total Parenteral Nutrition
- Airway Management

- Monitored patients respiratory status and ventilator operation and made adjustments to promote stabilization.
- Administered prescribed medications and treatments to patients, ensuring accurate dosage and timely delivery for optimal results, while closely monitoring for side effects or adverse reactions that required intervention in accordance with established guidelines.
- Assisted HCP with diagnostic tests and invasive procedures as needed while maintaining strict adherence to established safety guidelines.
- Implemented infection control protocols within the ICU environment, minimizing the risk of cross-contamination between patients.
- Coordinated patient transfers between units or facilities while ensuring continuity of care and seamless transitions for patients and their families.
- Prepared patients for surgery by conducting preoperative assessments and providing emotional support to minimize anxiety levels.
- Provided compassionate end-of-life care for terminally ill patients, offering comfort and support to both patients and families during difficult times.

### Graduate Registered Nurse, 06/2012 - 12/2014 Hospital Estadual Azevedo Lima, Brazil

- Proactively identified potential safety hazards for patients, implementing appropriate interventions or notifying the interdisciplinary team as needed.
- Contributed to a positive work environment by collaborating with interdisciplinary teams to provide optimal patient care.
- Conferred with RN to identify patient care needs and support and prepare patient admission, transfer or discharge.
- Managed patients recovering from medical or surgical procedures.
- Evaluated patient histories, complaints, and current symptoms.

### FRONTLINE WORKER IN COVID-19 PANDEMIC

#### ICU Nurse - Volunteer on the Frontline of COVID-19

- Provided direct care to critically ill patients during the COVID-19 pandemic, contributing to the management of high patient volumes in the ICU.
- Assisted in monitoring and administering medications, including sedatives and infection control drugs.
- Actively participated in implementing infection control protocols, ensuring the safety of patients and staff.
- Offered emotional and psychological support to patients and families during times of stress and uncertainty.
- Collaborated in vaccination initiatives and health education, promoting prevention and community care.

- Endotracheal intubation
- Tracheostomy Care
- · Organ donor procedures
- Surgical Intensive Care
- Blood Transfusion Administration
- Certified in CPR/AED
- Advanced Cardiovascular Life Support (ACLS)
- Fluid Intake and Output Monitoring

# SCIENTIFIC CONTRIBUTIONS

These are some of the scientific publications in which I participated and made contributions to the field of nursing

 https://www.researchgate.net/scie ntific-contributions/Rebecca-Ferreira-Moreno-2075292299