

the rules \$500,000 taught me

a verified loss, itemized into the system i ignored. written so yours can cost \$0. by Brock Pivec, @brockp52

- 1 risk 1% of the account per trade. calculated, never felt.**
my average loss ran **1.9x** my average win. no win rate survives that.
- 2 the stop goes in before the entry. it never moves down.**
one unstopped TSLA fill: **-\$63,320**. the exit is the trade.
- 3 daily max loss: 2%. hit it, close the laptop, walk.**
the day without a breaker cost **-\$412,031**. one day.
- 4 never add to a losing position. ever.**
one averaged-down trade: **-\$110,224**. conviction is not a hedge.
- 5 no ODTE until 30 consecutive journaled green-rule days.**
SPXW alone drained **-\$200,936**. zero days, zero room to be human.
- 6 journal four numbers on every trade: size, entry reason, exit reason, emotion.**
30 days of four numbers found the leak my memory kept excusing.
- 7 after any red day: half size the next day. earn it back slowly.**
the month i chased: **-\$187,776**. revenge is losing twice.

signed _____

date _____