



## **BAJA SEA KAYAKING PACKING LIST**

### **Gear Provided By Us**

- **Personal Flotation Device** (life jacket)
- **Individual Tent**
- **Comfortable Sleeping Pad**
- **Solar Lantern** for night time journaling or in the tent
- **Journal**

### **Equipment Available To Rent Through Our Website**

- **Snorkel Gear** (mask, snorkel & fins)
- **Sleeping Bag** (clean, light weight)

### **Luggage**

Our bags will be transported by a small boat to camp each night. Therefore, dry bags are not necessary. Soft duffle type bags work best for your gear and **pack light!** We prefer not to overload the boats with lots of excess baggage. Bring only what you will use. For example, bring a small to mid-sized duffle (approximately 14 x 14 x 24 inches (35x35x60cm) for clothing and personal items. If bringing your own sleeping gear, bring another duffle of similar size for your sleeping bag and pillow or you can combine them into one larger duffle approximately 18x18x35inches (45x45x90cm). In addition, you will want to bring a day-pack for extra clothing, water bottle, sunscreen and camera to have with you daily – details below.

Snorkel gear and a wetsuit is another bag you may have while on the trip. We provide a mesh bag for this gear if you rent from us.

### **Required Gear**

- **Water Bottle x 2:** so you can always have one in the cooler
- **Sleeping Bag** (lightweight/compact) - OR available to rent (see above)
- **Proof Of Covid-19 Vaccination**
- **Face Masks Or Coverings & Hand Sanitizer**
- ***Gift From The Sea*** By Anne Morrow Lindbergh

## Recommended Clothing And Gear

- **T-Shirts:** (2-4) including one RASH GUARD/SYNTHETIC SHORT SLEEVED SHIRT
- **Long Sleeve Shirt:** for sun protection (quick drying, non- cotton is best)
- **Fleece Jacket or Sweater**
- **Waterproof Windbreaker/Rain Jacket With Hood:** used to keep dry on boat rides when windy and the water is rough with boat spray
- **Swimsuit(s)**
- **Shorts:** quick dry are best
- **Lightweight Long Pants:** (2 pairs)
- **Socks:** bring an extra pair that can get some sand in them to put on your feet while sleeping at camp to keep the sand out of your sleeping bag.
- **Sneakers Or Lightweight Day-Hiker Boots**
- **Water Sandals Or Aqua Shoes:** this is a personal preference. Sand and small pebbles will get into whatever shoe you wear. Sand in aqua shoes and semi-closed water shoes is difficult to remove and your feet remain wet inside so most of us prefer open water/river sandals like Teva's, Chaco's or Keen's (with no siding). When worn loosely sand and pebbles are easily removed by rinsing your feet in the sea.
- **Casual Town Clothes:** can leave behind at our hotel in La Paz for something clean to wear upon returning to town.
- **Sarong or Sundress:** Sarongs are good for everything! Get them wet and they'll keep you cool. They make great personal shade devices and are good for extra bug protection. Wrap them around your waist for a discreet personal changing room. Use them as a towel. Lie on them on the sand!
- **Broad Brim Sun Hat:** with strap and/or visor, baseball cap and/or buff for sun protection
- **Sunglasses With Strap**
- **Day Back Or Fanny Pack And/Or Dry Bag:** for kayaking, hiking and snorkeling to store dry clothes and towel in the boat. Keep in mind gear in our boats tends to get wet. A water-proof style backpack/dry bag is ideal as it can be used for hiking, kayaking and snorkeling. Or, you can bring a regular day pack for hiking and use large zip-lock bags for keeping items inside dry when using it for snorkeling or kayaking excursions.
- **Flashlight/Headlamp** (or can use your phone)
- **Toiletries** including toothbrush/biodegradable toothpaste, hair brush, lotion...
  - **Reef Friendly Sunscreen:** (ie Stream2Sea) sunscreens containing oxybenzone, octinoxate, or octocrylene kill corals in even tiny doses. Check the ingredients of your sunscreen as most commercial brands contain reef-harming chemicals.  
**Please respect Baja's corals and new government regulations.**
  - **Lip Balm With Sunscreen**
  - **Biodegradable Soap/Shampoo:** for salt water (Campsuds or Stream2Sea work great)
  - **Baby Wipes** or Sea to Summit Wilderness Wipes: for a quick 'shower'. There will be a fresh-water solar shower available for rinsing off, but bathing is done in the ocean.
- **Small Beach Towel** (or sarong as above) and **Small Bath Towel**

- **Ziploc Bags:** for water-protection on the boats as a sub for drybag.
- **Earplugs:** in case of snoring neighbors and wind flapping tents and/or city noise in La Paz
- **Multiple Face Masks Or Coverings And Hand Sanitizer**

### Optional, Yet Some Highly Recommended Items

- **Kayak Seat Pad:** a kayak seat pad can add a great deal of comfort to your paddling experience, especially on extended paddling trips such as the Baja coast or island kayaking to Espiritu Santo. If you are less than 5 '3" tall, we highly suggest bringing a thick kayak seat pad to elevate you in your seat while paddling for extra comfort.
- **Crazy Creek Original, or similar camp chair:** nice to have for journaling in the tent and hanging out on the beach
- **Small Dry Bag:** approximately 10×20 liters or 10" wide x 20" high for small personal items that you want to keep handy, such as camera, binoculars or extra clothes while paddling. Can use Ziploc bags if necessary.
- **Paddling Gloves:** some people use these to protect their hands, especially on our longer kayak trips.
- **Flip Flops:** can be very handy especially at camp and when walking to the toilet at night.
- **Underwater Flashlight:** the water is warm in October and we are sometimes able to offer a night snorkel outing to observe the nocturnal creatures of the sea. If you are interested, bring an underwater flashlight with fully charged batteries.
- **Extra Snacks:** although we provide plenty of food and some snacks, if you have a high metabolism, you may want to bring along a few of your own favorite snacks.
- **Solar Charger:** for phone or camera batteries. While there is no cell service on the island, if you use your phone for photos, it's handy to have a solar charger. Your guides will also have a battery with charging capabilities.
- **Camera:** use your phone or bring a camera with plenty of memory and extra batteries or charging unit. A waterproof, underwater camera for snorkeling with sea lions would be an added bonus!
- **Binoculars:** for bird watching (not necessary for whale watching).
- **Pocket Knife:** (must be packed in checked luggage, not carry-on).
- **Reading Materials:** other than Gift from the Sea
- **Insect Repellant:** may be essential during the month of October following the rainy season.
- **Diving Skin:** when the water is warm (October) and you don't want to use a wetsuit for snorkeling, you may want to bring light weight long sleeve shirts and pants (quick-dry, light-weight rash guard, capilene or merino wool work well) or a lycra skin to snorkel in for sun protection and possible "stingy things" in the water.