Body Unpacked

Follow a food into your body and see what it really does.



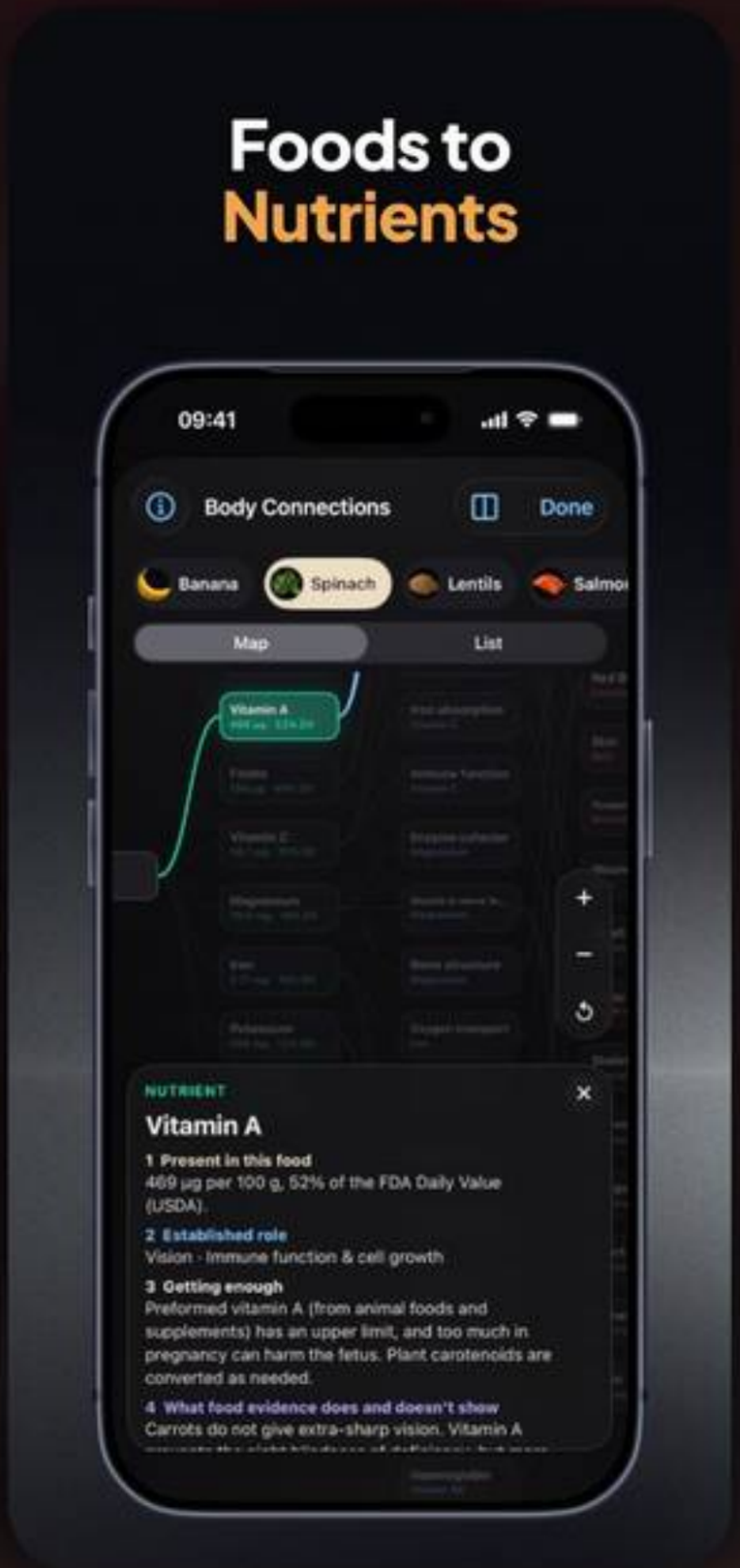
Free on the App Store

iPhone & iPad

BODY UNPACKED · 01

Body Connections Explorer

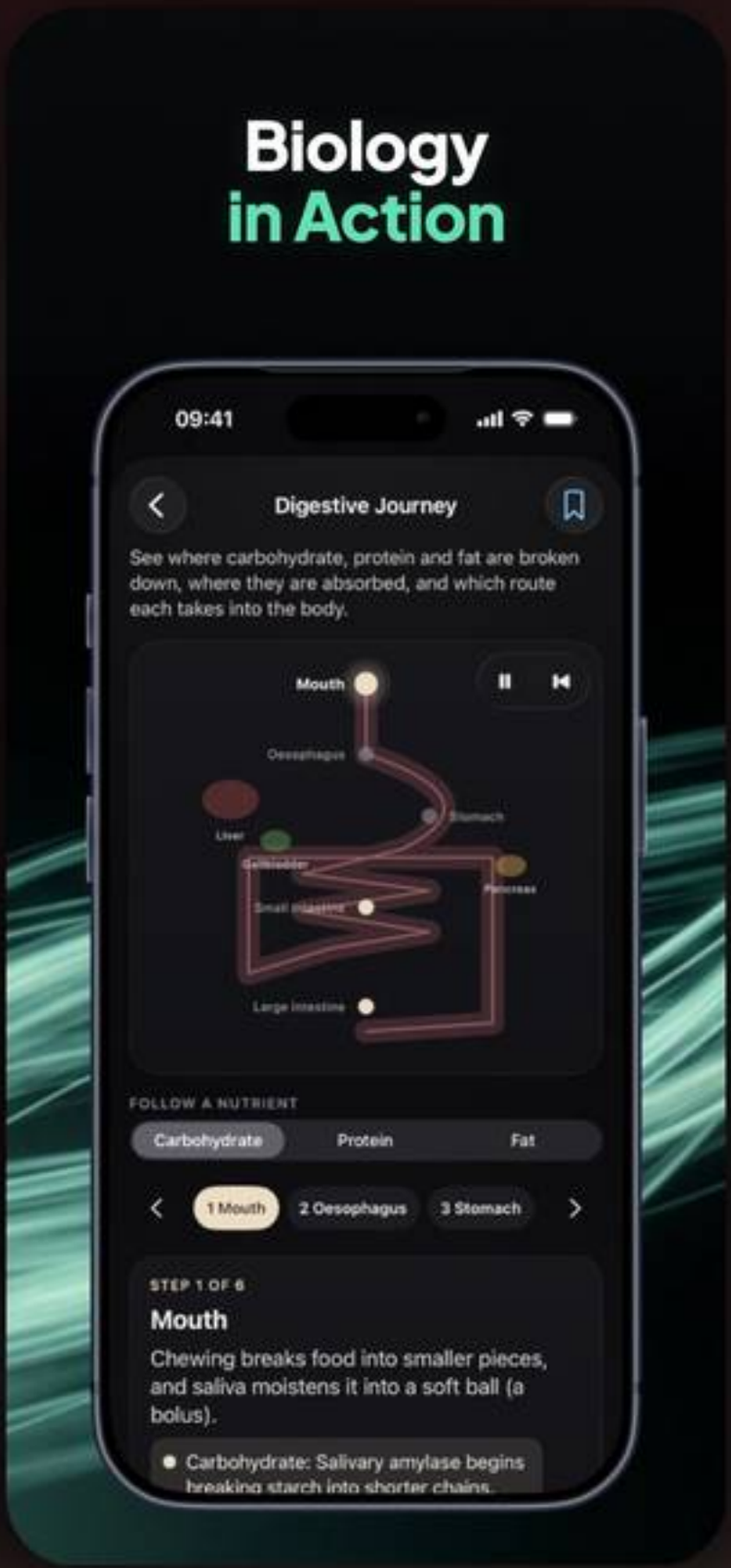
Choose one of 44 everyday foods and watch a living graph draw itself: food, then the nutrients it contains, then each nutrient's established physiological roles, then the body places where they happen.



BODY UNPACKED · 02

Nutrient Journeys

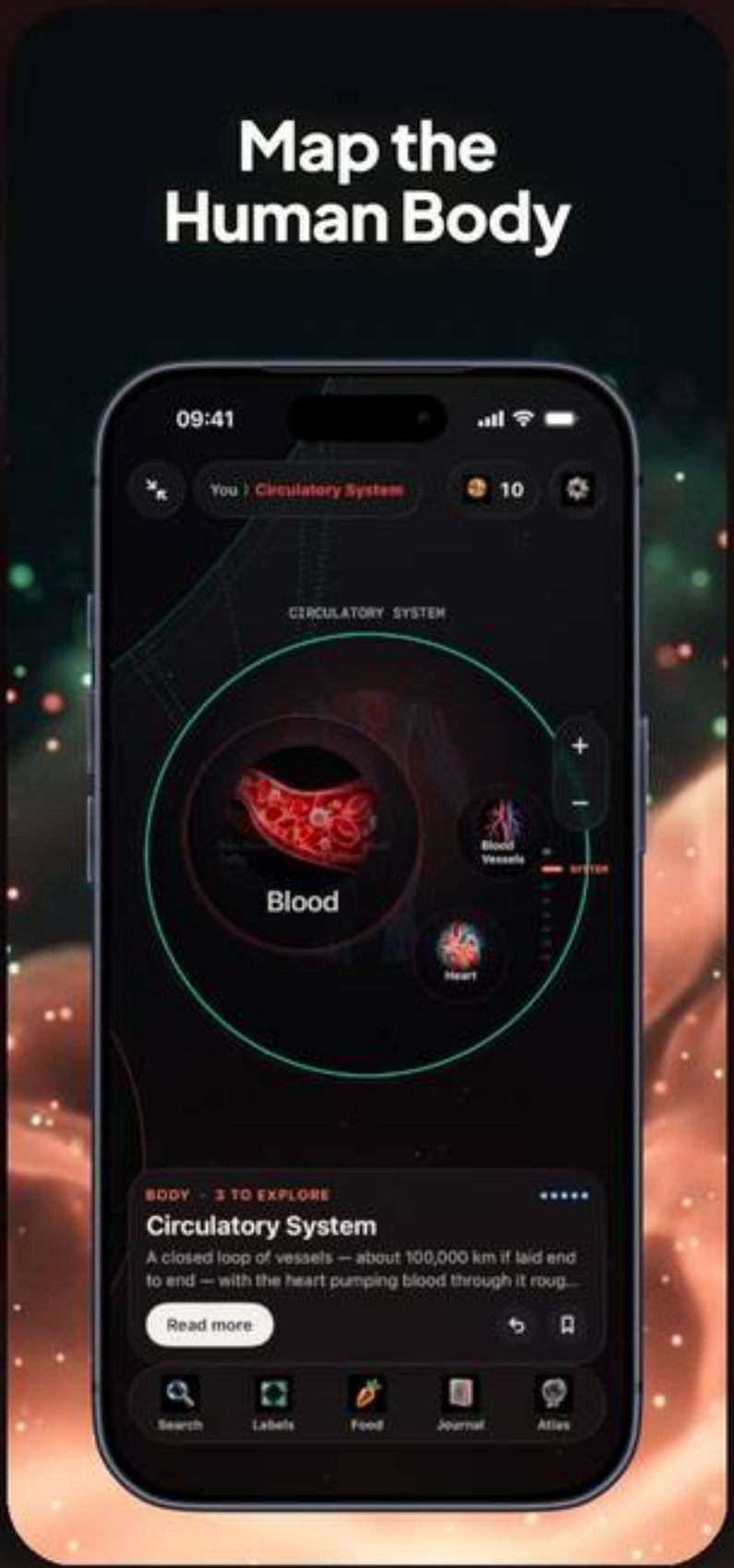
Follow each of 14 nutrients after you swallow it, on an animated body map: where it's absorbed, what carries it, where it's stored, where it works and how it leaves.



BODY UNPACKED · 03

Compare What Foods Contain

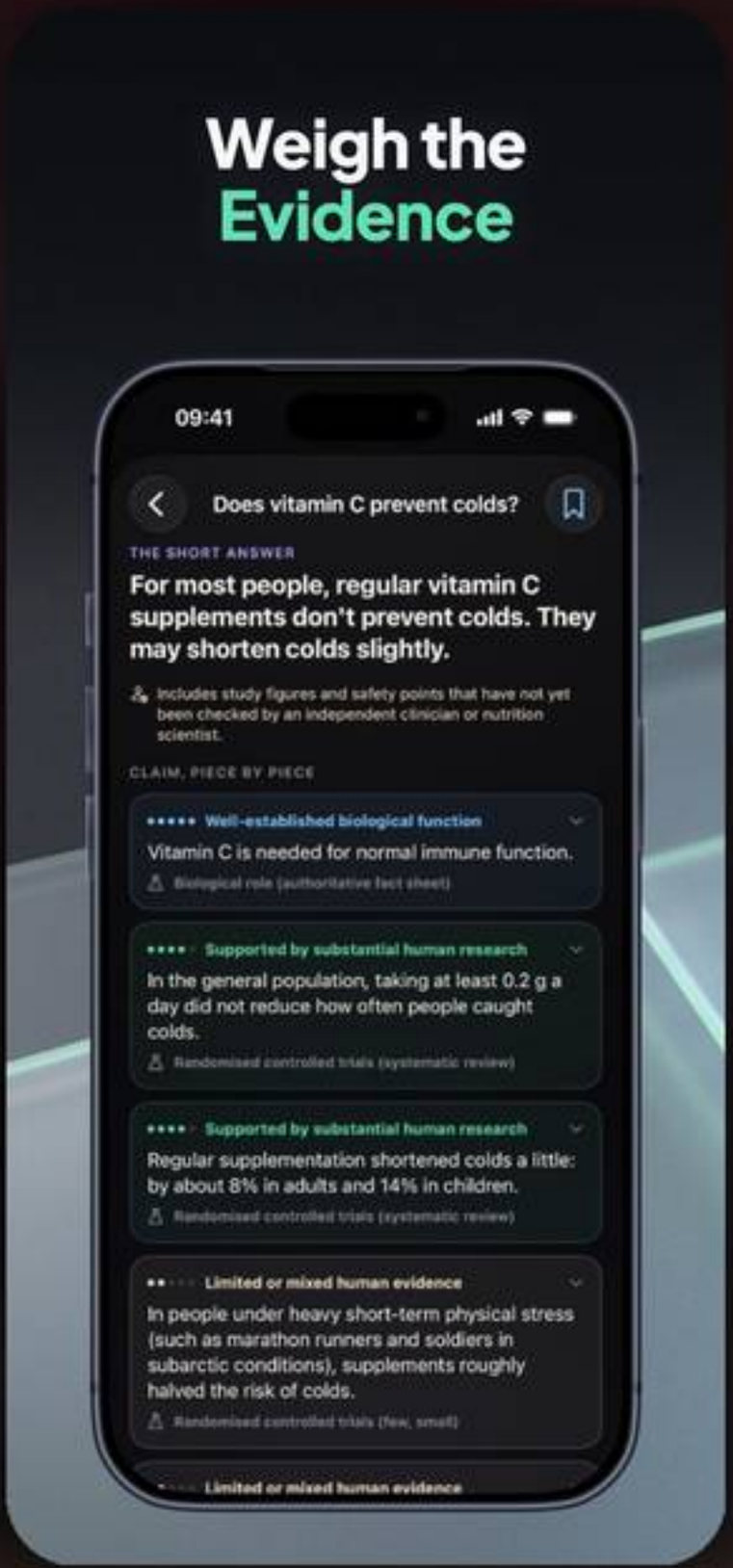
Put two foods side by side across 14 nutrients, per 100 g or per a checked household portion. No scores, no "healthier" rankings: just what each one contains.



BODY UNPACKED · 04

Physiology Lab

Three step-through teaching models: digestion from mouth to colon, breathing and circulation (including how oxygen and carbon dioxide are actually carried), and the knee-jerk reflex arc.





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Scan with your iPhone camera or tap the button

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