CraveBreaker

Have a plan ready when a vaping craving hits.



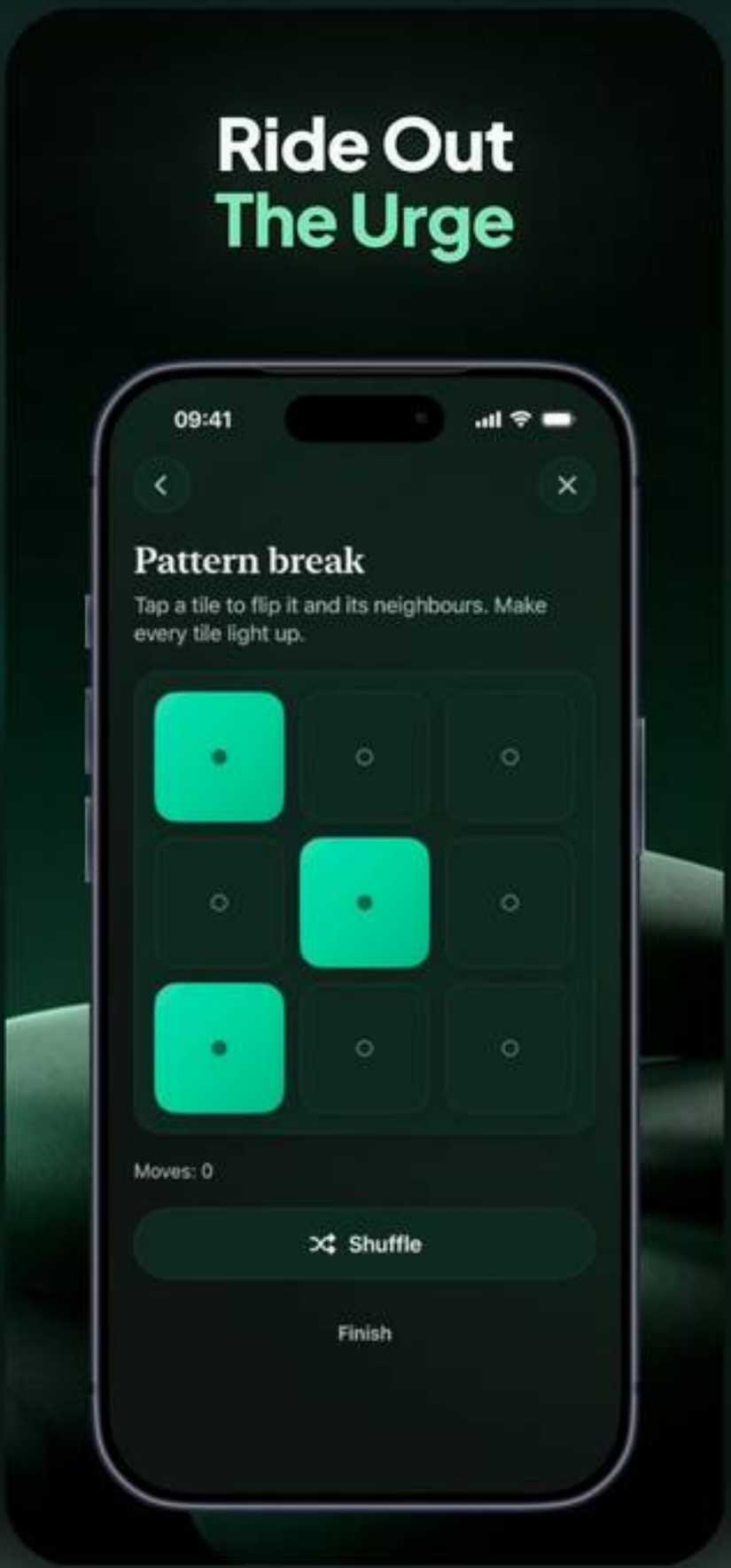
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CRAVEBREAKER · 01

When A Craving Hits

Tap "I have a craving" and start something useful within seconds.



CRAVEBREAKER · 02

Create Your Quit Plan

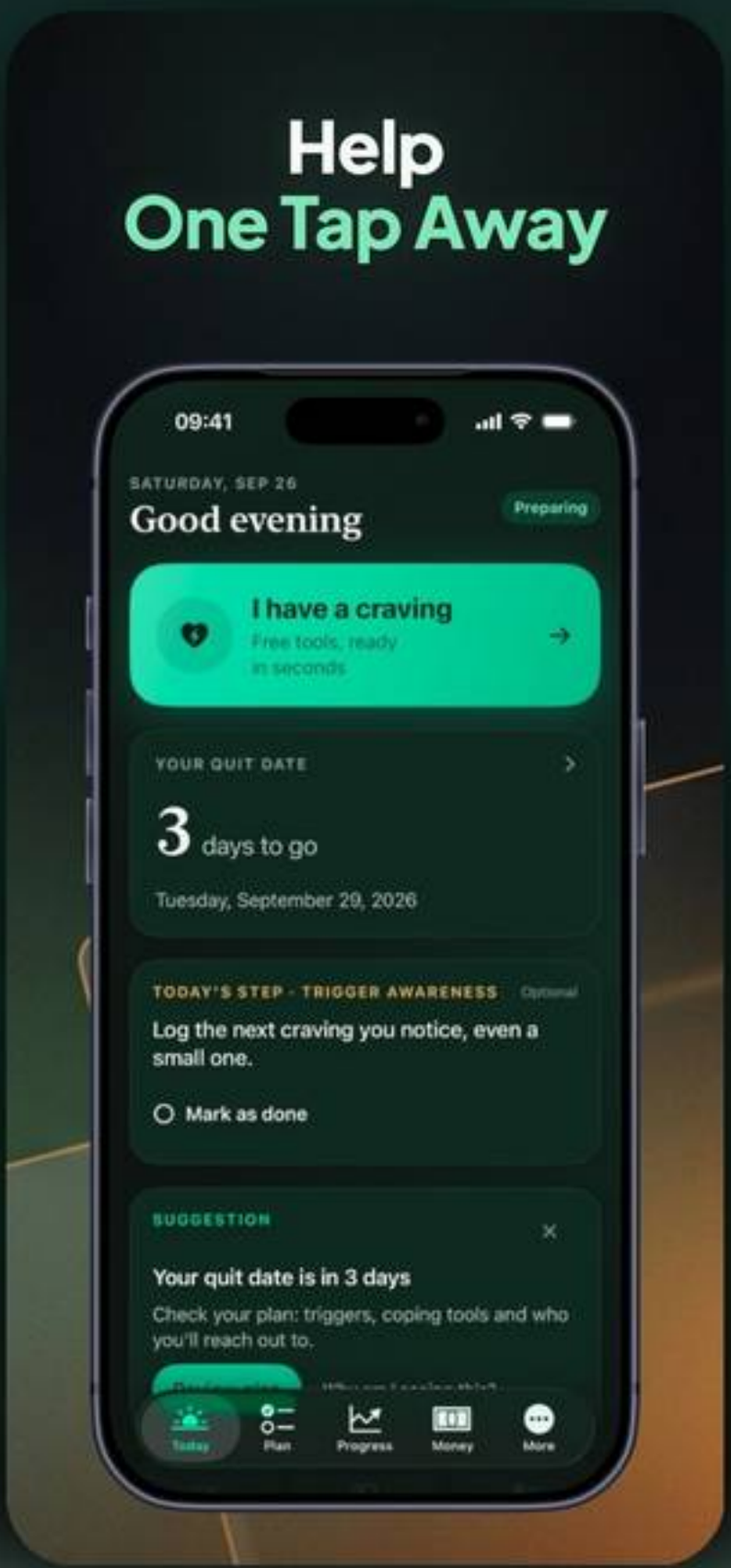
Build a personal plan in about two minutes. Choose your path: preparing to quit, quit recently, staying vape-free, or cutting back before a quit date. Pick your triggers, coping strategies and reasons.



CRAVEBREAKER · 03

Understand Your Triggers

Log a craving in seconds — situation, intensity, what you tried and whether you vaped. Add entries later, edit or delete them.



CRAVEBREAKER · 04

Track Genuine Progress

See your quit date, current vape-free stretch, total vape-free days, cravings handled and milestones earned from real actions. CraveBreaker doesn't claim to measure your body — it shows what you actually recorded.



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Scan with your iPhone camera or tap the button

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