FORGED

A 90-day Bible plan for men. Ten minutes a day.



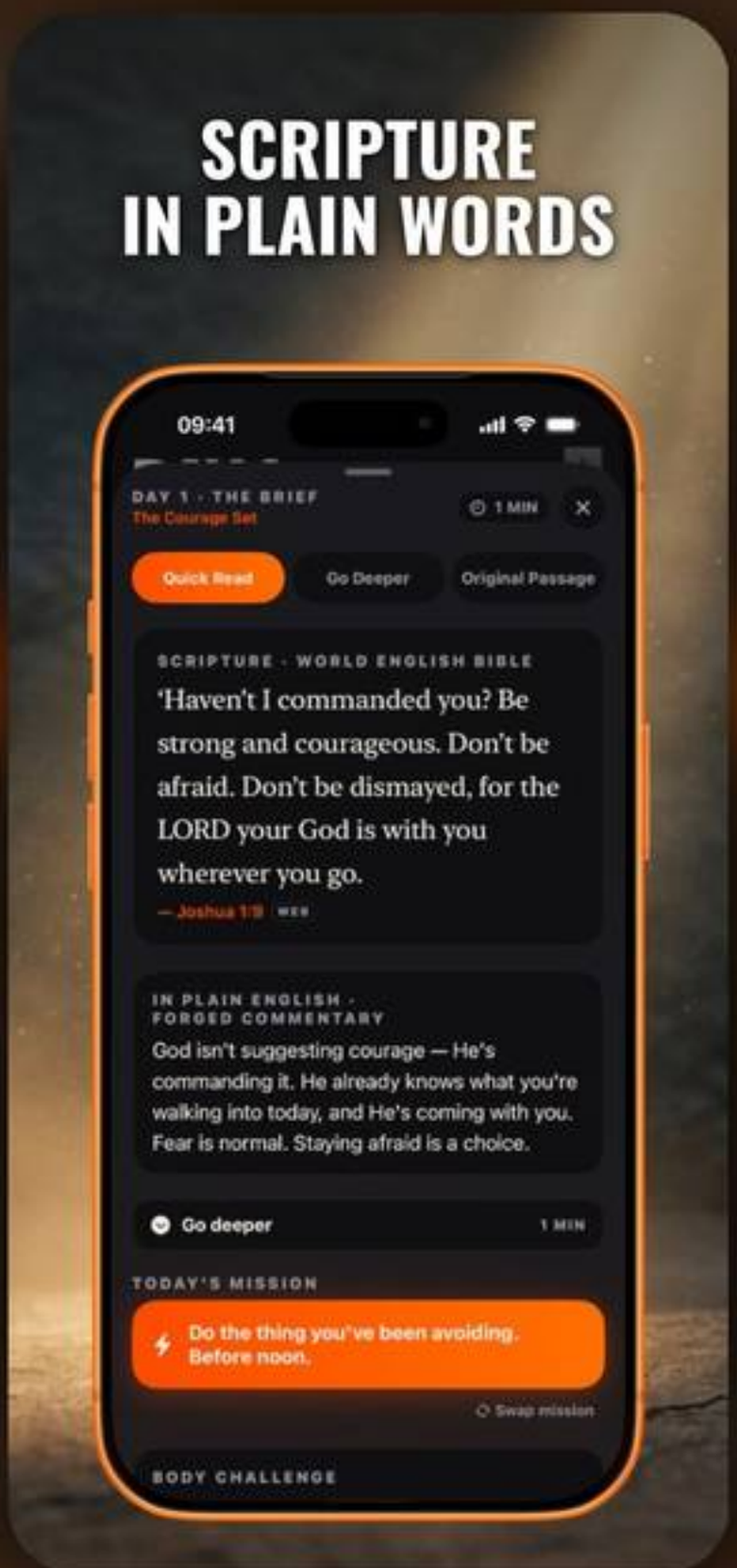
Free on the App Store

iPhone & iPad

FORGED · 01

Body

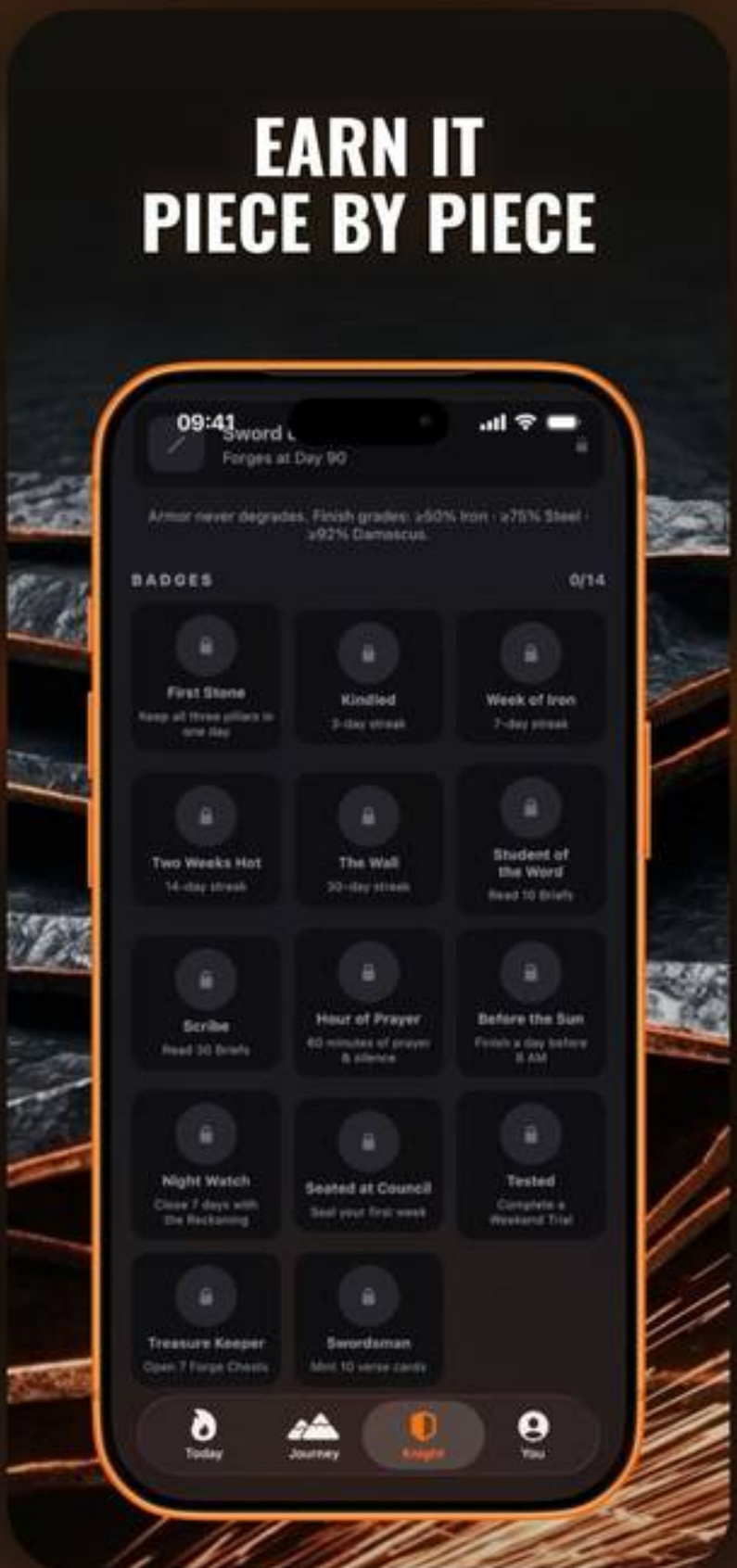
Choose a practical daily challenge: Gentle, Standard or Challenging. Limited mobility or not up for exercise today? Choose a mobility alternative or an act of service instead. Every option counts.



FORGED · 02

Mind

Read Scripture with a plain-English explanation and one action for the day. Switch between Quick Read, Go Deeper and Original Passage.



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Spirit

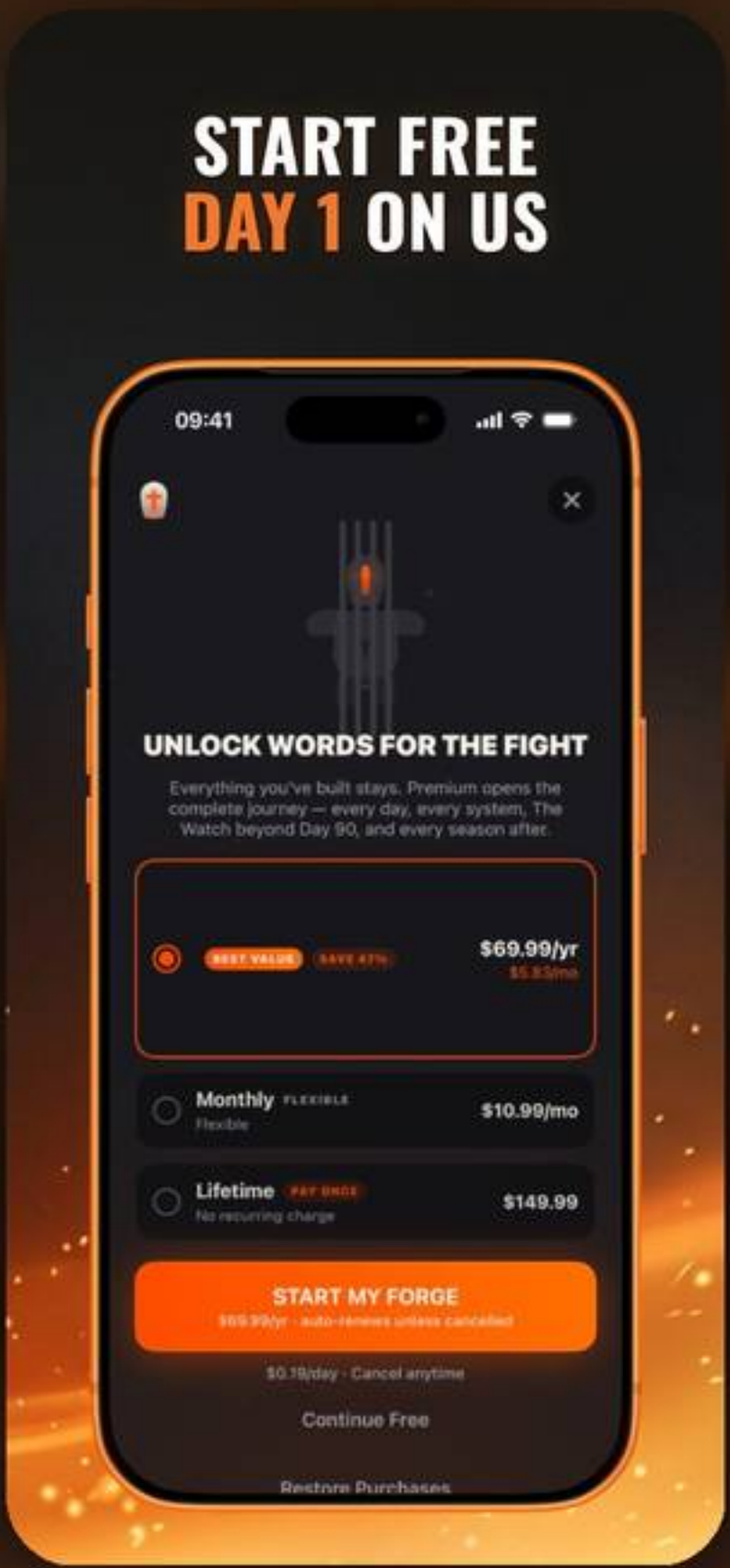
Make time for prayer and silence with a 3, 5 or 10-minute timer that dims the screen to a single ember. Prayer stays quiet — no button sounds, no scores — and respects Reduce Motion.



FORGED · 04

The 90-Day Journey

Progress through four phases: Wake Up, Cut Away, Build and Stand. Home shows one clear next step, today's progress, your current phase and your next milestone.





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Scan with your iPhone camera or tap the button

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