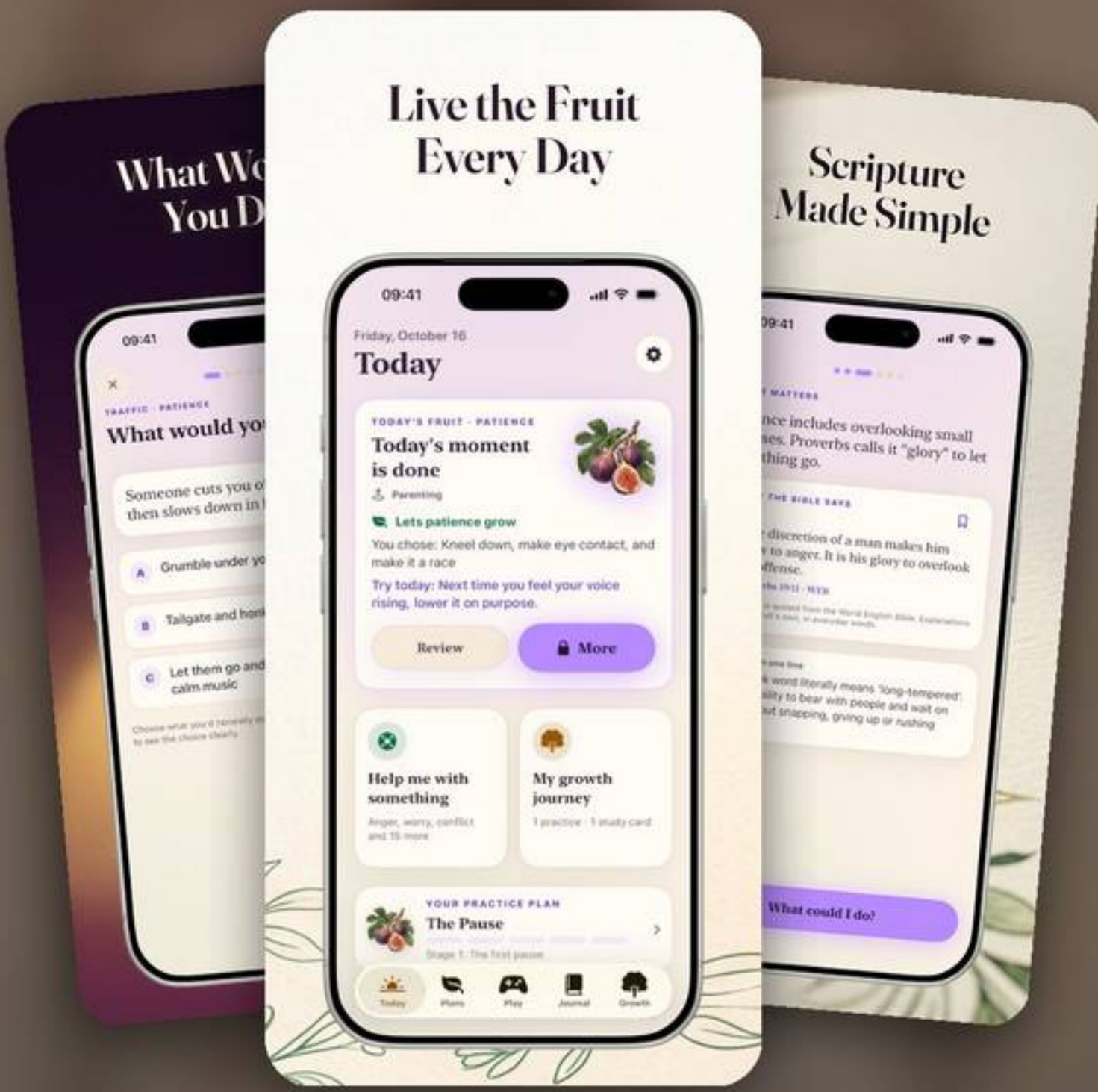
Ninefruit

Practise the Fruit of the Spirit in everyday life.



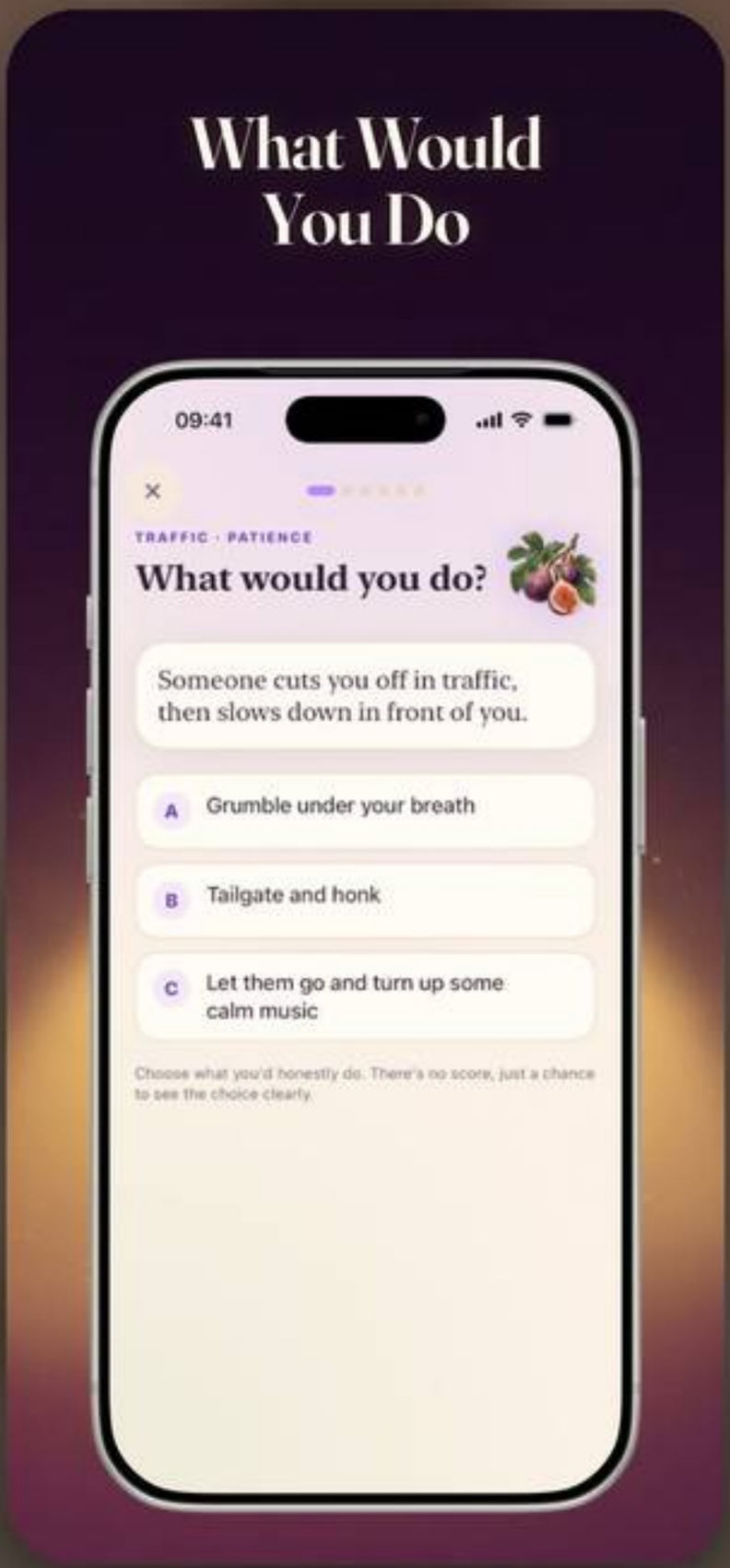
Free on the App Store

iPhone & iPad

NINEFRUIT · 01

Today's Moment

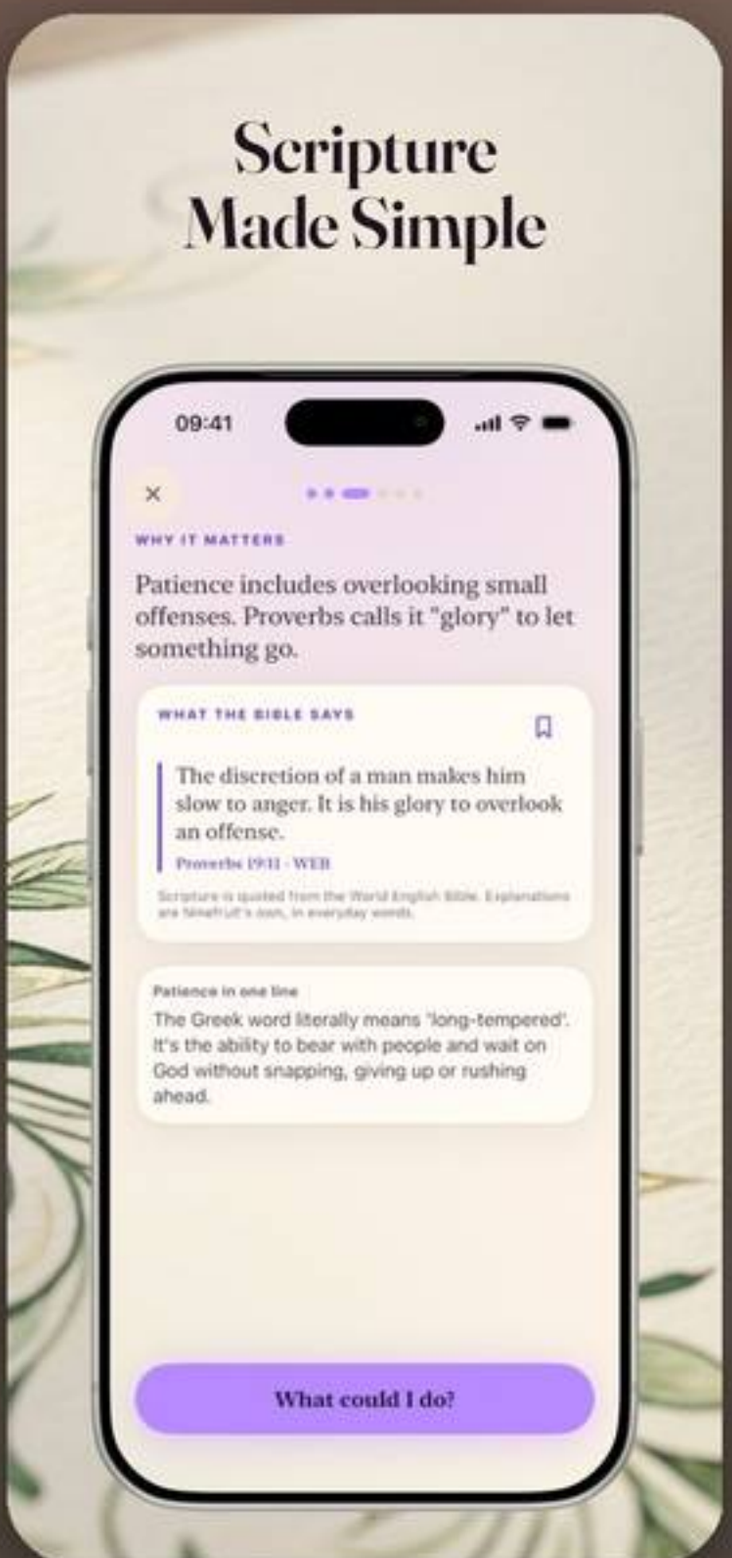
Every day, one realistic situation from home, school, work or online. Choose what you'd honestly do and see what happens next.



NINEFRUIT · 02

Help Me Practise

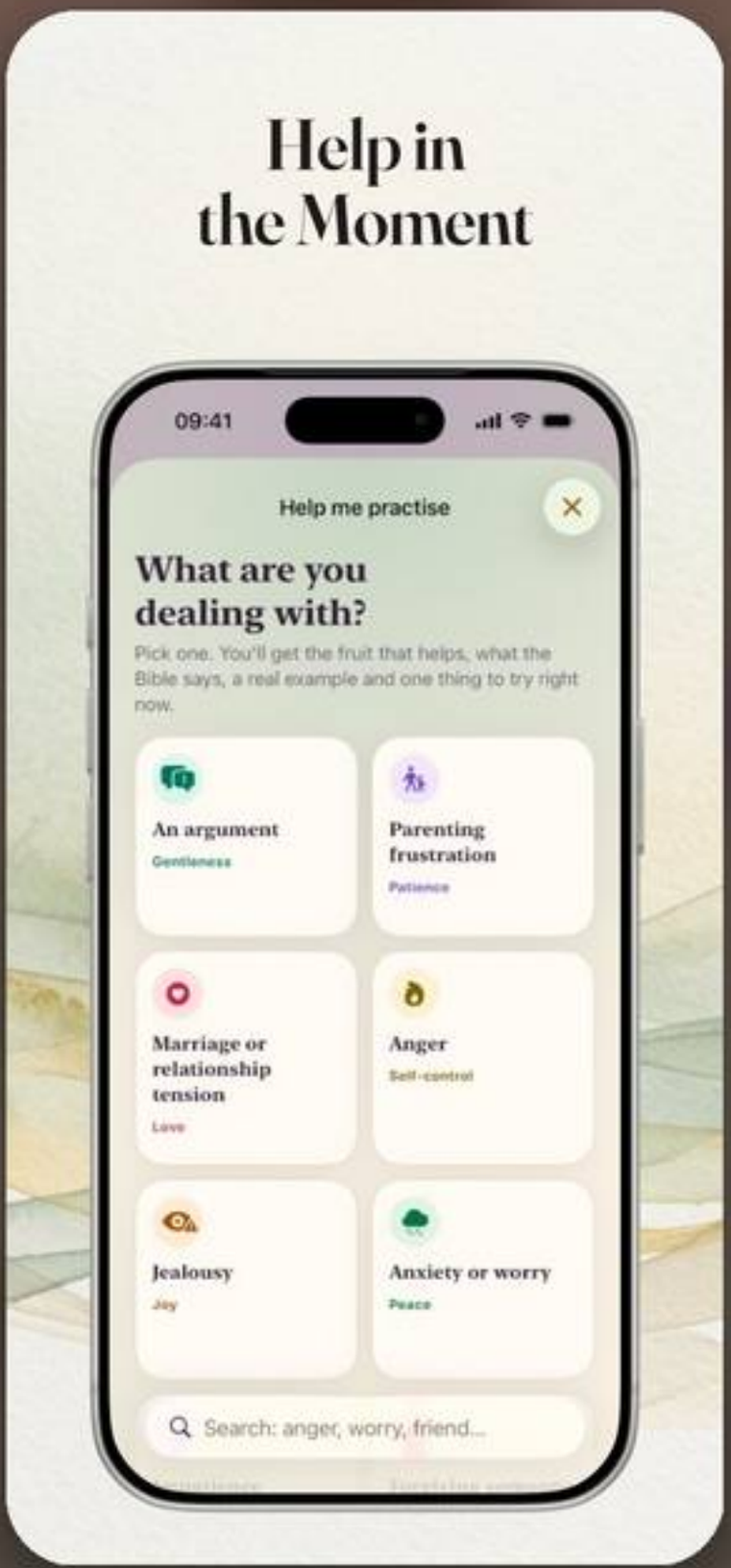
Dealing with something right now? Pick from 18 everyday struggles: an argument, anger, worry, jealousy, forgiveness, a difficult coworker, parenting frustration, temptation, criticism, a stressful decision and more.



NINEFRUIT · 03

Practice Plans

Nine five-stage plans, one per fruit, each with its own hands-on tool: See Them, Gladness Jar, Hold or Carry, The Pause, Unseen Kindness, The Right Thing, Small Promises, Soften It and Urge Delay.



NINEFRUIT · 04

Play

Spot the Fruit: read a real moment and name the fruit showing up, including cases where more than one fits • Rewrite the Response: turn a harsh first reaction into something better, and see why • Fruit Detective: find...





Ninefruit

Practise the Fruit of the Spirit in everyday life.

Free on the App Store

Scan with your iPhone camera or tap the button

Honest Little Apps · iPhone & iPad