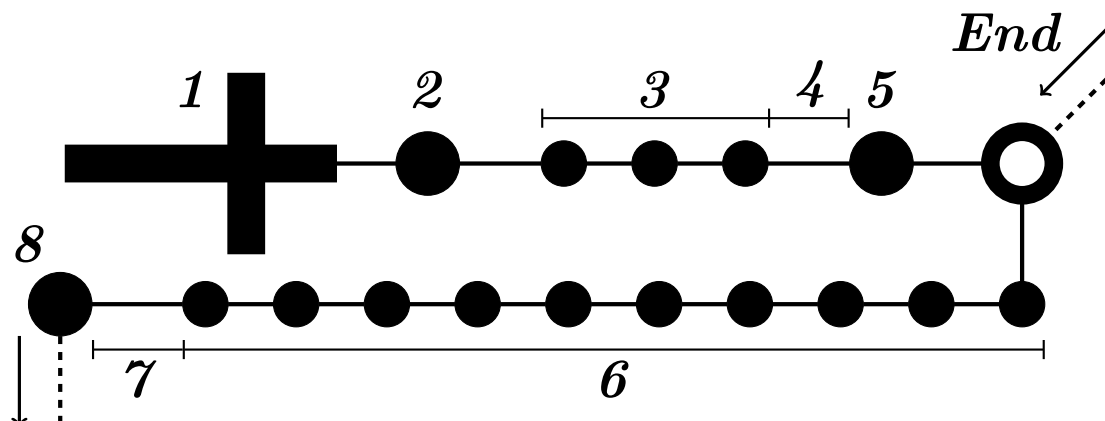


# Rosary Guide

*A guide for praying the Rosary.*



<b>Part</b>	<b>Instruction</b>
1	On the Crucifix: <i>Sign of the Cross</i> and say the <i>Apostle's Creed</i>
2	On this bead: Say the <i>Our Father</i>
3	For these 3 beads: Say the <i>Hail Mary</i> 3 times, meaning for Faith, Hope, and Charity
4	On this section of line: Say the <i>Glory Be</i>
5	On this bead: Announce the first Mystery and say the <i>Our Father</i>
6	For these 10 beads: Say the <i>Hail Mary</i> 10 times and meditate on the Mystery
7	On this section of line: Say the <i>Glory Be</i>
8	Repeat Parts 5–7 for the second, third, fourth, and fifth Mysteries (On this bead: Announce the second Mystery and say the <i>Our Father</i> ...)
End	On the end of this section of line: Say the <i>Salve Regina</i> and the Rosary's <i>Final Prayer</i> , followed by the <i>Sign of the Cross</i>

## Notes

- A “Decade” is a the name for the prayers surrounding each Mystery. Hence there are 5 Decades in a full round of praying the Rosary, each beginning with the *Our Father* and ending with the *Glory Be*.
- After finishing each decade, after the *Glory Be*, some say the following prayer requested by the Blessed Virgin Mary at Fatima: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*
- In solo recitation, the announcing of each Mystery may be done silently.
- There are other variations on the prayers to include within the Rosary (Such as the previously mentioned *Fatima Prayer*), and so this guide only outlines the most basic structure of prayers.

## Prayer Listing

### Sign of the Cross

In the name of the Father  
and of the Son  
and of the Holy Spirit.  
Amen.

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### Apostle's Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son,  
our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again  
from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

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### Our Father

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

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### Fatima Prayer

O my Jesus, forgive us our sins, save us from the  
fires of hell;  
lead all souls to heaven, especially those in most  
need of thy mercy.

### Hail Mary

Hail, Mary, full of grace,  
the Lord is with thee.  
Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

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### Glory Be

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now, and ever shall be  
world without end.  
Amen.

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### Salve Regina

Hail, Holy Queen, Mother of Mercy,  
our life, our sweetness and our hope.  
To thee do we cry,  
poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn then, most gracious advocate,  
thine eyes of mercy toward us,  
and after this, our exile,  
show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.  
Pray for us, O holy Mother of God.  
That we may be made worthy of the promises of  
Christ.  
Amen.

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### Final Prayer

O God, whose Only Begotten Son,  
by his life, Death, and Resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech thee,  
that while meditating on these mysteries  
of the most holy Rosary of the Blessed Virgin  
Mary,  
we may imitate what they contain  
and obtain what they promise,  
through the same Christ our Lord.  
Amen.

# The Mysteries

## **The Joyful Mysteries**

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of Jesus at the Temple
5. The Finding of Jesus in the Temple

## **The Sorrowful Mysteries**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

## **The Glorious Mysteries**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of the Mary

## **The Luminous Mysteries**

1. The Baptism of Jesus in the Jordan
2. The Wedding at Cana
3. Jesus' Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

## A Convention for Praying the Rosary Daily

*J=Joyful, S=Sorrowful, G=Glorious*

(Without the Luminous Mysteries)

M	T	W	T	F	S	S
J	S	G	J	S	G	In Advent, Christmas, and Time After Epiphany: J In Septuagesima and Lent: S In Easter and Time After Pentecost: G

## A Convention for Praying the Rosary Daily

*J=Joyful, S=Sorrowful, G=Glorious, L=Luminous*

(With the Luminous Mysteries)

M	T	W	T	F	S	S
J	S	G	L	S	J	In Advent, and Christmas: J In Lent: S In Easter and Ordinary Time: G