

Safety Guidelines

As PIR® continues to grow, it is essential that we establish a safe container for all of us to heal and recover together. We can be willful people and many of us come here with a history of trauma. We include all members; those who are aggressive as well as those who are shy. A healthy meeting space maintains a balance between these extremes of personality expression. PIR® strives to be a trauma-sensitive 12-step fellowship that focuses on equity and inclusion and allows each individual member to find their own definition and path of recovery. With that, please see our suggested safety guidelines:

Protecting PIR® as a Whole:

Legality of Psychedelic Substances: Psychedelic medicines are not legal or decriminalized in many places. In order to protect PIR®, we must not promote psychedelic services or disclose where to find psychedelic substances in the meeting or in the parking lots.

Safety in Meetings:

Each Meeting is autonomous and is also a reflection of PIR® as a whole. Each meeting has the primary purpose to pursue recovery and welcome newcomers. Each meeting can decide how it is run, provided that decision is guided by the group conscience. PIR® unity is as important as individual group autonomy.

We suggest each meeting follow the basic meeting format that includes the adapted 12 Steps and Traditions, Integration and a Plan of Action and the Guiding Principles.

We suggest each group and individual member maintain an atmosphere of recovery. Be mindful of language, screen etiquette, crosstalk, sexual or inappropriate behavior in the meeting or in the parking lot after the meeting. Inappropriate behavior can include and is not limited to: bullying, derogatory comments, negativity, harsh judgments, medical/psychiatric advice, self-promotion of one's own business & predatory comments. If a meeting decides by group conscience to adopt aspects “outside” the basic format (e.g. crosstalk/feedback, double dipping, profanity allowed), this could be mentioned in the meeting format readings so newcomers know what to expect in that individual meeting.

We suggest that each meeting have a General Service Representative (GSR) to connect the group/ meeting to PIR® as a whole. GSRs attend their own groups Business Meetings. GSRs also attend a monthly GSR Business Meeting (with all the other GSRs) and make reports to both meetings.

We suggest that meeting Chairs are able to confidently maintain and facilitate a safe meeting space; By Intergroup Conscience, Chairs have the authority and obligation to address disruptive behavior either directly or in the chat, and mute or remove disruptive individuals, if necessary, from that meeting.

We suggest modulating dominating behavior to promote inclusion: double-dipping can be perceived as dominating. Chairs are encouraged to promote an environment of inclusion and understanding; even allowing for a few moments of silence, creating the space for individuals to collect their thoughts and speak up.

We suggest that Meeting Chairs need to have a sufficient amount of self-defined recovery to be of effective service.

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