



## Nutrition info

<b>Nutrition</b>	<b>Apple</b>	<b>Banana</b>	<b>Cantelope</b>	<b>Notes</b>
<b>Calories</b>	50	90	34	Per 100 g
<b>Fiber (g)</b>	2.4	3.1	0.9	Skin on, if applicable
<b>Protein (g)</b>	0.5	1.3	0.8	