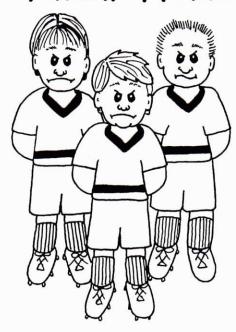


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The Goalie From Tugget Gap Setting Goals Family Home Evening Packet



Contents:

Story, Picture Sheets, Game, Goal Setting Cards, Quote, Treat Recipe



\$5.00

The Goalie From Tugget Gap Family Home Evening Packet Home Evening Outline Setting Goals Opening Prayer Opening Song **Closing Prayer** Closing Song Scripture Game Story

Suggested Songs: "Shine On", pg. 144 (Childrens) Improve The Shining Moments", pg. 226 (Hymn)

Refreshments

Scriptures: Mosiah 4:27

Stary: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics. etc.

to each family member. Walk them through the steps of setting goals, and help them to set that can be copied in the future as many times as needed for personal use. Give one card Personal Goal Setting Cards: Eight cards have been provided, plus a sheet of bond a reachable goal. Have them put the cards where they will be visible and seen often. Charlie's Soccer Game. Preparation - Color the soccer game field game board as desired. Laminate game board. Prepare "Penalty Kick" and "Sneaker" game tokens as instructed on sheet. Laminate and cut out the scenario cards. Place cards face down to the side of the game board. Give each player three "Penalty Kick" tokens and one "Sneaker" game piece. You will need a die for this game.

Object - To be the first player to advance up the field and kick a "GOAL"!

<u>Play</u> - All players place their "Sneaker" game pieces in the "GOAL" box next to the #1 space. The youngest family member goes first. The player begins by rolling the die. In order for the

then advance to the #1 space. The player places the soccer card, face down on the bottom of the draw pile. The player then gets to make an attempt to roll a "two" on the die to advance to the #2 space. If the player successfully rolls the number he or she is attempting to roll, play is repeated above and so on. If the player is not able to roll the number desired, the player's turn ends, unless the player wants to use one of his three "Penalty Kick" tokens. If the player chooses to do so, he can turn in one of his tokens and he gets another attempt at rolling the player to advance to the #1 space, the player must roll a "one" on the die. If the player successfully rolls a "one", the player draws a soccer card and answers the question. The player can die. If the desired number is not rolled, play rotates to the next player. The game is won when a player rolls a "six" and kicks a "GOAL"! To lengthen the game, the object is to be the first player to kick three goals. A player advances up the field, kicks a goal and returns his "Sneaker" game piece back to the goal box, and repeats the process until he has kicked three goals.

Charlie's Seccer

reats











- 1 Tbsp. melted butter
 - •1 pkg. Koolaid
- •1/2 cup Karo syrup 1 tsp. vanilla
- 3/4 cup coffee mate creamer
 - 3 cups powdered sugar

Directions:

Mix each ingredient, one by one, until well blended. Extra powdered sugar can be added until the mixture is not sticky. Roll mixture into a long hose. Cut and wrap each piece in waxed paper. YUMMY!!!!

THANKS

to LaDawna Wallace of

recipe contest winners for submitting her recipe, 'LaDawna's Imitation Starbursts Candy"! Vancouver, Washington, one of our

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Charlie was no ordinary goalie. He was the goalie for Tugget Gap, a small mining town in the hills of Tennessee.

This was no ordinary team either. People were too poor here to have organized teams as in the big cities so the boys and girls that lived there had decided to form their own team. Charlie had wanted to play soccer since he was a small boy and now that he was eleven years old, he was finally going to get his chance.

No tryouts were held and no uniforms given out. Each child was simply asked what position he would like to play and that's how the assignments were given out. Charlie was the goalie.

At first, the team would have to divide into two teams so that they could play a game. The children would meet each afternoon at the town hall and play on the grass surrounding it. There wasn't even a soccer field that they could play on. There wasn't even a coach!

Soon, the other surrounding towns heard of the team from Tugget Gap. If Tugget Gap could have a team, so could they. Teams began springing up everywhere through the mountains of Tennessee.

Where once people had nothing to be excited about or to look forward to, suddenly the folks from the hills were living for the next soccer game. Towns were challenging towns to a game and everyone was happy about soccer.

Charlie would lay awake at night dreaming of the next game. He had set a goal for himself when the team began that he would be the best goalie around. He had borrowed books from the library to learn about soccer. He hung a sheet from two trees in his back yard where he would practice moving back and forth in front of it to guard it. Every spare moment he had was spent in preparing to be the goalie from Tugget Gap.

As the summer months flew by, it became very evident that the team from Tugget Gap was the best team around. They had beaten every team in the hills.

Signs began appearing all around the mountains. "Go Tugget," or "We're Proud of You!" they read. The team was the talk of the town. Then it happened. The team was challenged to a game by the team from Carter's Creek.

Everyone knew about the team from Carter's Creek. They had a coach! They had nice uniforms and they had beaten every team that they had played in the last two years! How could the little team from Tugget Gap even begin to compete with Carter's Creek?

A date was set for early September. Fear spread throughout the little town. Charlie was sick to his stomach as the game approached. He knew that this game rested squarely on his shoulders. What if he let the team down? What if he couldn't stop the ball from coming into the goal? What if he was a failure?

DISCUSSION

- •Do you see how Satan works? He loves to make us afraid. He loves to make us fail. He loves to plant self doubts in our minds.
- ·How does Satan try to discourage you?

The days flew by quickly and Charlie was more nervous than ever. He woke up that morning and laid out his best soccer outfit. It consisted of his favorite pair of shorts and pair of knee socks that he had borrowed from his sister.

The minutes dragged by until finally it was two o'clock in the afternoon. Charlie nervously began dressing for the game. He pulled the stockings up to his knees and then stuffed cotton batting from his Mama's quilting supplies down inside them. He had no cleats but wore his school sneakers. He also stuffed the batting inside of his t-shirt to help protect his stomach. He grabbed his soccer ball, yelled "See ya at the game," to his mom, Dad, brothers and sisters and raced through the door.

The Townspeople were already gathering at City Hall when Charlie rounded the corner. It felt as if butterflies were flying around in his stomach. Fear was all he could feel at the moment. It didn't seem to matter when he tried to build himself up or convince himself that he could do this. As game time drew closer, Charlie became more and more convinced that he would be a failure.

Cars began arriving from Carter's Creek. Charlie watched as the players gathered. This was no ordinary team. These were monsters! They were big and strong and tough. No wonder they had won every game they had played!

Sheriff Tobrey had been assigned to referee the most important game of their lives. He took his place and held his whistle to his mouth. Everyone became silent as both teams took their positions on the grass. Poor Charlie's knees were quivering so badly that they were banging on each other. His eyes were huge and wide open. His palms were sweating and he was actually tempted to just leave and go home.

Just then, the shrill sound of the Sheriff's whistle could be heard and the ball began flying through the air. It seemed that million's of feet, shin's and legs began running and kicking. Before Charlie knew it, there it was. The ball was coming straight for the goal. Charlie stood there, frozen. He couldn't move his feet. The ball came racing past him and into the net. Charlie's heart sank. He had failed!

Charlie could hear the muffled shouts of the people from Tugget Gap. "You can do it, Charlie," they called. He could see the determined faces of the team from Carter's Creek. He could see the worried look upon his mother and father's faces, but most of all, he could feel the beat of his own heart as it raced inside his chest.

"What's wrong with me," Charlie questioned. This is what he had been working for. This was his goal. He knew that he had what it would take to do his job.

Charlie prayed silently to Heavenly Father. "Please help me to do my best," he prayed. It was then that his legs stopped shaking and his heart stopped racing. He could think more clearly and he wasn't afraid.

Charlie took his position. He was strong. He was confident. He was ready!

After many tense moments, the final minutes of the game were being played. The score read 4-3 in favor of Tugget Gap. Carter's Creek had control of the ball and here it came. Right towards Charlie!

Charlie was tempted to freeze with fright again. The little voice inside his head was telling him he couldn't do it, that he was going to fail.

"No," Charlie yelled right out loud. "You won't get me again."

Standing strongly on the goal line, Charlie kept his eyes on the ball. He moved from side to side, waiting. Then, the final kick. The ball flew quickly toward the goal. Charlie kept his cool, watching carefully and moving accordingly. He positioned himself for the kick of a lifetime and as the ball came to him, he hit it hard with his right foot, sending it back onto the field.

Cheers arose from the sidelines and people began honking their horns as the Sheriff blew the closing whistle. The game was over. Tugget Gap had won! Charlie had won. Not just a game of soccer had Charlie won, but he had beaten fear, doubt and self defeat. Charlie would never be the same again.

Our Heavenly Father doesn't expect or want us to run faster than we are able, but He does want us to look fear and self doubt in the eye. When we set goals for ourselves, we plan our lives with purpose and when we have purpose, our lives have meaning. If we don't have things that we want to accomplish in life, we walk around aimlessly, letting life happen to us instead of making life happen to us.

One of the best ways to give ourselves self confidence is to master our fears. By setting goals and seeing them through, we become who we were meant to be. We gain self confidence.

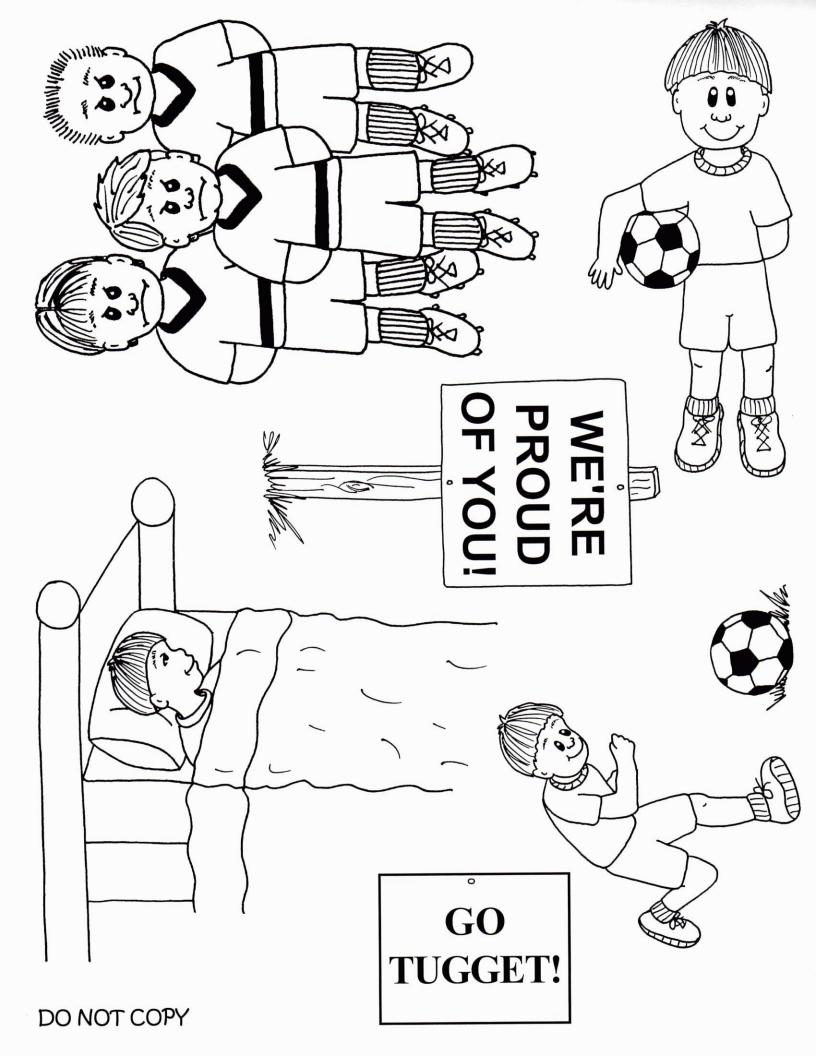
We were sent to earth to accomplish great things. We can do it! We can start by setting small goals and seeing them through. Then we can move on to bigger and better things. Personal goals should be just what that implies - personal. Our goals shouldn't be what someone else wants us to accomplish but only what we want for ourselves. Otherwise, we will not be motivated to see them through.

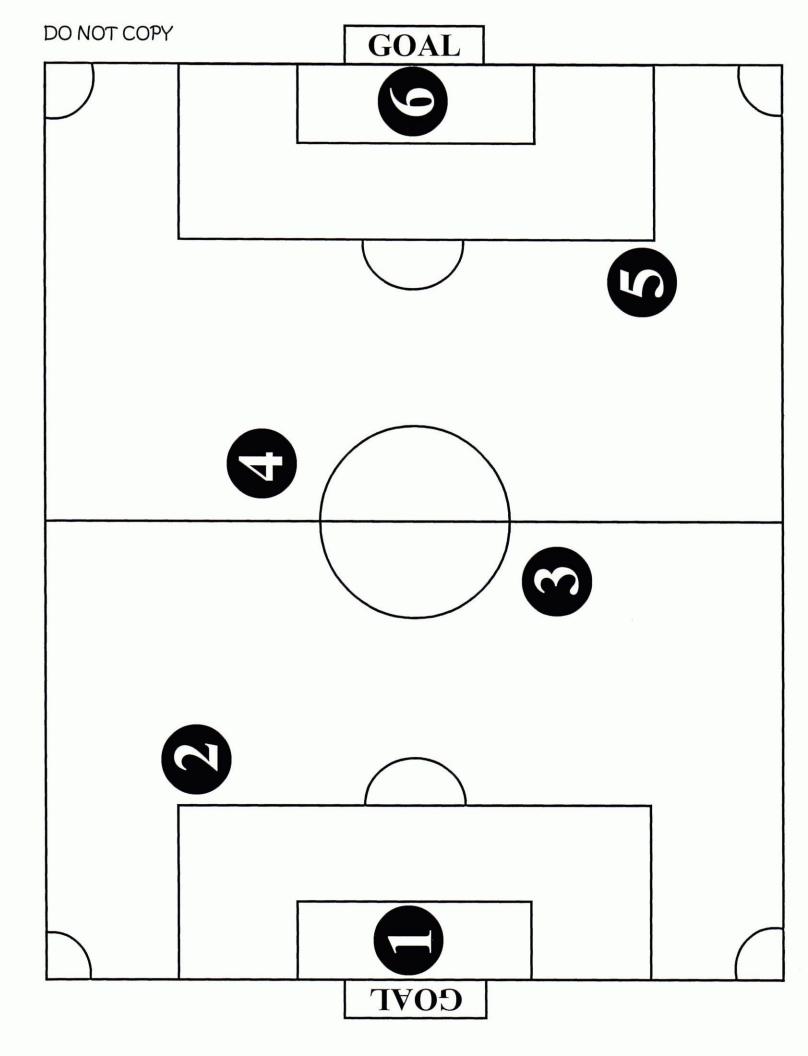
We will not always make good goals or win every time. But that's okay. Pick yourself up and start again.

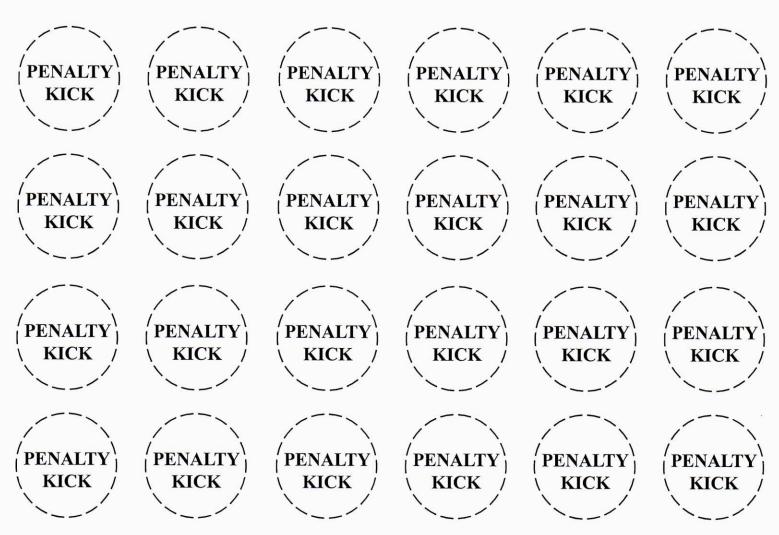
Heavenly Father will help us to achieve those things that we really want to do that are righteous goals. A righteous goal is a good goal . . . something that makes us better. Like Charlie, we can be the best goalie (goal setter) anywhere around.

DISCUSSION

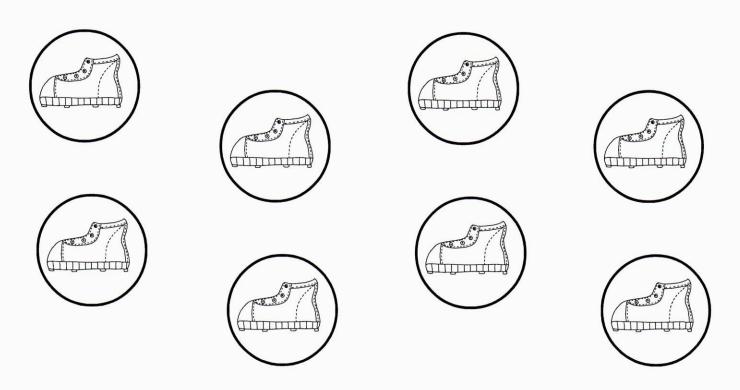
- •Why is it important for us to set goals for ourselves?
- •What can we do when Satan tries to discourage us?
- •How will setting goals and working to achieve them, make you a better person?







Laminate and cut out each of the "Penalty Kick" tokens.



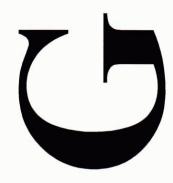
Color each "Sneaker" game piece a different color.

Laminate and cut out.

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Name a short-range goal that can help you achieve your long-range goal of going to the temple someday.	What kind of a goal can I set that would help my mother around the house?	What kind of a goal can I set that would help me to be a better student at school?	One of my long-range goals is to:
What does the letter "O" stand for in the word "GOAL"?	What does the letter "G" stand for in the word "GOAL"?	What kind of a goal can I set that would help me to get along with my brothers and sisters better?	What kind of a goal can I set that would help build my Heavenly Father's kingdom?
What does the letter "A" stand for in the word "GOAL"?	What does the letter "L" stand for in the word "GOAL"?	How does paying my tithing help me to reach my long-term goal of going to the temple?	What kind of a goal can I set that would help me to become closer to my Heavenly Father?
What kind of a goal can I set to show my dad that I honor and love him?	One of my short-term goals is to:	What kind of a goal can I set that would help me to be more reverent during Sacrament meeting?	How can the gospel help me to set good goals?



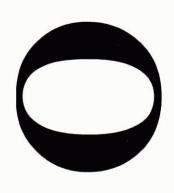
GENERATE

Generate a list of things that you would like to accomplish or learn about.

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ACI

Now, work on carrying out your plan to achieve your goal.



ORGANIZE

Write down your goal and how you plan to achieve this goal.

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Log your progress in a notebook or you can report on your progress to another person or your Heavenly Father.

,	Personal Goal Setting Card	$P\epsilon$	Personal Goal Setting Card
GENERATE	ENERATE Generate a list of things that you would like to accomplish or learn about.	GENERATE G	Generate a list of things that you would like to accomplish or learn about.
O RGANIZE	Write down your goal and how you plan to achieve this goal.	RGANIZE W	Write down your goal and how you plan to achieve this goal.
Acr	Now, work on carrying out your plan to achieve your goal.	Acr N	Now, work on carrying out your plan to achieve your goal.
Γ_{0G}	Log your progress in a notebook or you can report on your progress to another person or your Heavenly Father.	L OG LA	Log your progress in a notebook or you can report on your progress to another person or your Heavenly Father.
"The journ	"The journey of a thousand miles begins with one step." Old Chinese Proverb DO NOT COPY	"For it is no	"For it is not requisite that a man should run faster than he has strength." Mosiah 4:27 DO NOT COPY
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Act	Now, work on carrying out your plan to achieve your goal.	Act N	Now, work on carrying out your plan to achieve your goal.
Γ_{0G}	Log your progress in a notebook or you can report on your progress to another person or your Heavenly Father.	Log	Log your progress in a notebook or you can report on your progress to another person or your Heavenly Father.
"To reach must a	"To reach a goal you have never before attained, you must do things you have never before done." Richard G. Scott DO NOT COPY	9	"Goals are stars to steer by, not sticks to beat yourself with." Barbara B. Smith DO NOT COPY

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No plan. No objective No goal.

road to nowhere, and the road The road to anywhere is the to nowhere leads to dreams sacrificed, opportunities squandered, and a life unfulfilled."



Thomas S. Monson