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### Kindness Family Home Evening Packet



Story, Picture Sheets, Activity, Scripture,

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Hatch Patch Creatio

## Xindness Xake

# Ingredients:



powdered sugarlarge can

rushed pineapple3 large bananas

• small jar maraschino cherries

•1 cup margarine

•3 edds

whipped topping

crushed pecans

# Directions:

Crush vanilla wafers. Melt 1/2 cup margarine and mix together with crushed wafers. Press into a 9x13 cake pan. In a bowl, mix together powdered sugar, 1/2 cup softened margarine and eggs with a mixer. Keep adding powdered sugar until a pudding consistency is reached. Pour evenly on top of crushed wafers. Slice bananas and place evenly in a single layer on top of sugar, margarine and egg mixture. Drain pineapple until juice is mostly gone. Spread on top of banana layer. Spread whipped topping evenly over cake. Quarter the maraschino cherries and spread evenly over cake. Sprinkle with pecans. Keep refrigerated until ready to serve. DELICIOUS!

# Kindness Family Home Evening Packet

# Home Evening Outline

Opening Prayer Opening Song Scripture Story Game Closing Song Closing Prayer Refreshments Suggested Songs: "Love One Another", pg. 308 (Hymn) "Kindness Begins With Me", pg. 145 (Childrens) "I'm Trying To Be Like Jesus", pg. 78 (Childrens)

Scriptures: Ephesians 4:32, Matthew 7:12

Stary: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics. etc.

*Kindness Activities.* Activity #1 - As a family discuss and choose someone that you can perform an act of kindness to whether it be doing yard work for an elderly person who cannot perform the work themselves, doing a food drive for a needy family in your ward, volunteering at a nursing home or soup kitchen, etc. Activity #2 - "Popcorn Discussion" Laminate and cut out discussion cards. Place cards in a large bowl. Pop a large bowl of popcorn. Have the family sit in a circle. Choose a person to read the first card. That person draws a card out of the bowl and reads the question to himself. He then decides who he wants to address the question to. The bowl of popcorn is given to the person that will be asked the question. They can eat the popcorn while the question is being read. The person then answers the question as to how he would react. He then draws a new card from the bowl, reads it to himself and decides who he wants to answer the question and the process repeats. Try and direct the discussions as to how we can be kind to others and perform acts of kindness.

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### Kindness

The Jacobs family had just finished reading their scriptures and the children were off to catch the yellow school bus. Thoughts of what they had just read were flooding little Chris Jacobs mind as he grabbed his backpack and hurried to join the other children.

Today's reading had been about being kind. Chris wasn't sure he understood everything about kindness but Mother's last words to him as he rushed through the door were, "Be kind."

Christopher Jacobs had always tried to be kind. He didn't like rude or mean people. He had a hard time with bullies, who are definitely not kind and he didn't care for mean-spirited children.

It was only for a moment that the kindness thoughts clung because Chris was so excited about being able to go to Tim's house to play after school. He had never gone to Tim's house and so this would be a new adventure.

It seemed school would never end but soon the closing bell rang and Chris and Tim again climbed onto the yellow school bus. The children were extra noisy today so it was hard for Chris to hear Tim as he tried to yell above them.

"We're going to have so much fun, Chris," Tim screamed. "My mother says we can ride bikes to the park and play video games. We'll have a blast!"

Chris just couldn't wait. Soon the bus turned the corner onto Tim's street. The bus driver hit the brakes and turned on the blinking red lights. Soon they were parked outside of Tim's house.

As the boys exited the bus, Chris was a little shocked to see Tim pull on one of the littlest girls' pigtails. She screamed and began to cry, rushing to get off the bus and to her mother waiting down the street.

"You shouldn't have done that, Tim," Chris whispered. "Aw, she's okay," Tim chuckled. "I do it all the time."

Mother's last words that morning rang through Chris' mind again. "Be kind," she had said.

As Tim led the way up the sidewalk to his front door, he began stepping forcefully upon several little pansies that were barely sticking their heads above the walk. "This always makes my mom mad," he said as he totally stomped one little plant into the ground.

Chris could not believe what he had seen. His friend Tim had not been very kind this afternoon. Maybe that's where it would end. Maybe Tim would be kind from now on.

But as the two boys reached the porch, a small, white puppy peeked at them from behind a large, potted plant. As the little fellow raced to get past Tim and Chris, Tim reached out with his left foot and kicked the poor puppy out of the way.

The little dog squealed as he darted from the porch and onto the grass. He was running so fast that his little legs seemed to be off the ground all at once.

Now, Chris was getting angry. This certainly was not kind behavior. The things that he had seen Tim do were not what Chris' mother would want nor were they what the Savior would do. Chris felt very uneasy.

Things just kept getting worse. When the boys entered the house, Tim's mother was talking on the telephone. Tim began yelling at his mother, asking where a snack could be found and if they could go ride bikes right now! Tim's mother became quite agitated when she couldn't get Tim to quiet down until she got off the phone.

This just made Tim angry and he darted through the back door, slamming it in Chris' face as he followed. Chris just wanted to go home!

As Chris opened the back door again and followed behind Tim, he could hear him swearing, loudly. Now Chris knew that he shouldn't swear but he knew many kids at school who did. It always made him feel uneasy and this was no exception. It was as if no one else was around as Tim kept up his tirade.

Chris hated swearing. It was as if Tim were smoking and blowing the smoke in his face. It was just as annoying and unkind to swear in front of someone that it offends. Chris hoped that his two hours at Tim's house were about over.

Just then, Tim's grandmother came through the back door with a large plate of cookies. She was having a hard time coming down the steps. She was a little shaky and she was old. "Tim, you need to help your grandmother," Chris whispered.

"Aw, she'll make it," Tim laughed as he answered. "She's just old."

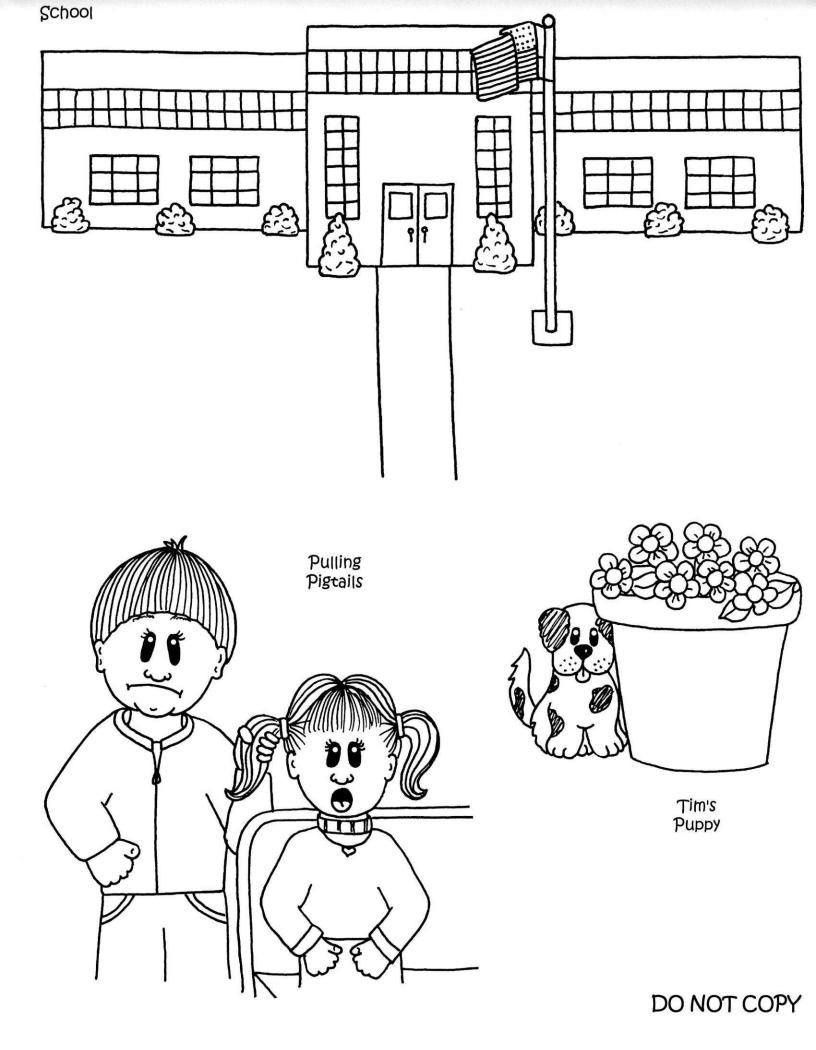
Chris raced to the porch and took the cookies and put out his arm for Grandmother to hold onto. A big smile spread across Grandmother's face. "You're very kind," she said.

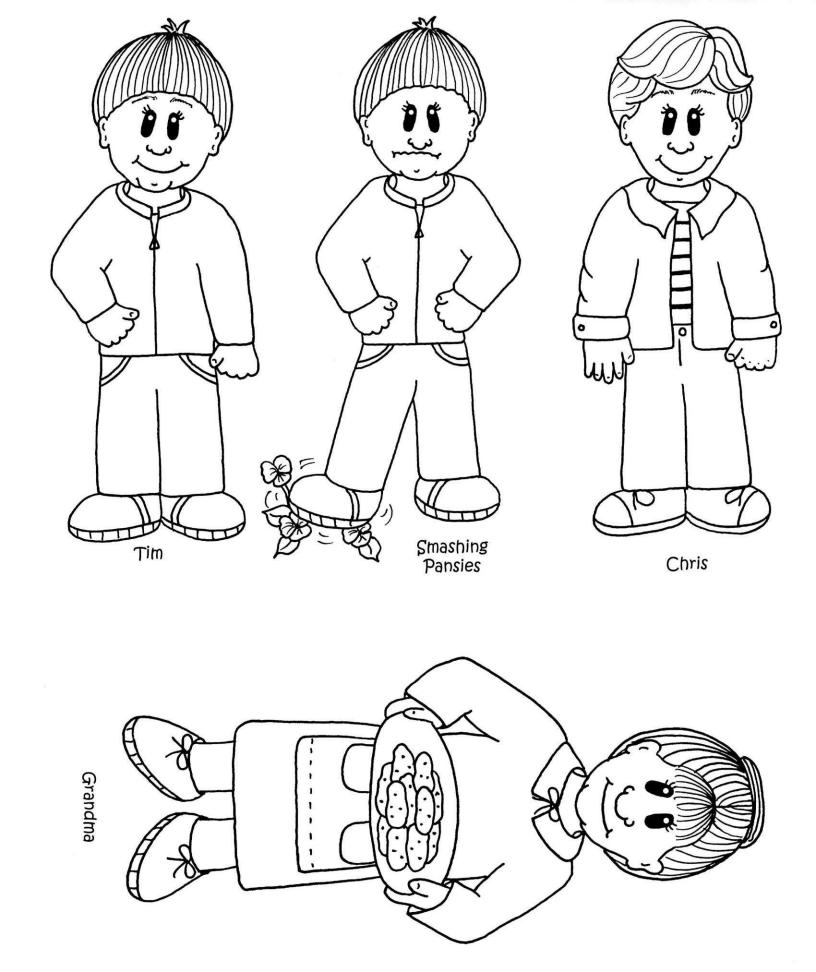
Chris decided that it was time for him to go home right now. He had had enough of Tim's thoughtlessness and unkindness. He would walk the two blocks home and on the way, he would think of ways that he could be more kind to everyone.

Kindness is an act of Godliness. It begins in our hearts and spreads to our minds. It is thinking of others first before we think of ourselves. It is being loving. It is trying to understand the feelings of others. It is what the Savior was.

### DISCUSSION

- •Can you name a list of things that people do that are unkind?
- •Can you name a list of things that people do that are kind?
- •How can we learn to be kind?





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You see an elderly woman struggling to carry her groceries from the grocery store. What would you do?	A group of bullies are picking on a small boy in the hallway at school.  What would you do?	Your mother is having a stressful day, and is behind on her housework.  What would you do?	Your sister is short \$5.00 of buying an outfit for school that she really wants.  What would you do?
Your neighbor is out doing yard work and has a lot left to do.	A girl is sitting all alone eating her lunch in the school cafeteria. What would you do?	Your best friend wants to ride bicycles with you, but does not have a bicycle of his own.	Your neighbors' puppy has run away. They are very distraught over losing this puppy.
There is a poor family in your ward who can't afford to buy groceries for their family.  What would you do?	Your grandmother is not able to get around her house very well. Her windows need cleaning.  What would you do?	Your brother is not allowed to go outside and play until his room is clean. What would you do?	There is a young boy in your community who has cancer. What could you do to help his family financially?
Your sister is having a bad day! What would you do?	A couple in your ward with young children, wish to go to the temple but cannot afford a babysitter. What would you do?	Your father is cleaning out the garage. What would you do?	There is an area in your community that has become very filthy and littered.  What could you do?

What could you do for your father as a surprise before he returns home from work?	You and a group of neighborhood friends are playing baseball. A little boy sits and watches but looks like he wants to play. What would you do?	What could you do to help out in your community?	There is a small dog that has his paw caught in a gate. What would you do?
The kitchen is a mess. There are dishes all over and the floor is dirty. What would you do?	You have a shirt that your best friend wants to borrow to wear to a dance. What would you do?	You see a young mother struggling with her children and trying to get her groceries in her car. What would you do?	Your neighbor's garbage can blew over and trash is scattered all over the sidewalk. What would you do?
Your mother and father have been away all day. What could you do to surprise them before they return home?	A teacher at school dropped an entire stack of papers while walking down the hall. What would you do?	Your mother has a lot of work to do around the house, but your little sister wants her to read her a story. What could you do?	An elderly man in your ward is walking home from church on Sunday. What would you do?
You have just cleaned your toy box out and have a lot of toys that you no longer play with.  What would you do?	Your mom has a meeting to attend after dinner and she is late getting dinner ready.  What could you do?	Your younger brother is struggling with his math homework.	Your grandfather is out mowing his lawn. What could you do?

Ephesians 4:32

And be ye kind one to another, tenderhearted,

