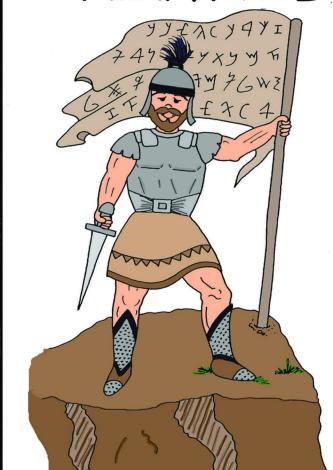


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### Courage

A Valuable Lesson From Captain Moroni Family Home Evening Packet



### Contents:

Story, Picture Sheets, ACtivity, Treat Recipe Scripture

\$7.00

### Quick and Easy Cinnamon Rolls

## Ingredients:

- 1 large package breadmaker bread mix
- 3/4 square butter
- •3/4 cup raisins
- cinnamon
- spool of thread

on the package. Knead by hand or machine until the let rise until the dough doubles in size. Flour working string making each roll about one inch thick. Arrange Combine bread mix in a bowl with ingredients listed dough is pliable and soft. Place in greased bowl and Spread raisins over same area of dough. Begin on one piece of string about one foot long. Cut dough with rolls on a baking sheet and allow to rise. Bake for 20 to area and pour out dough onto the floured area. Roll out until dough is about 1/2 inch thick. Melt butter and spread all over dough. Sprinkle sugar over the rolled pinch all loose edges together to connect it. Cut a out dough. Lightly sprinkle cinnamon over entire area. side of the dough, working to the other side and roll the dough tightly. Once all the dough has been rolled, 25 minutes at 350 .

### Courage

A Valuable Lesson From Captain Moroni

### Family Home Evening Packet Home Evening Outline

Opening Prayer
Opening Song
Scripture
Story
Game
Closing Song
Closing Prayer
Refreshments

**Suggested Songs:** "Dare To Do Right", pg. 158 (Childrens) "Nephi's Courage", pg. 120 (Childrens) "Let Us All Press On", pg. 243 (Hymn)

Scriptures: Deuteronomy 20:1, Deuteronomy 31:6, Alma 46:12

**Story:** Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc.

Game: Items needed: One die and playing pieces for each player participating.

**Preparation:** Color the game spaces as desired. Tape the two 8 1/2 x 11 game boards together on the back sides of the sheets. Laminate the sheets. Color each of the individual flags on the flag sheet. Try to color each flag a different color if possible and laminate. Cut out each individual flag. Laminate the number card sheet and cut out number cards on the dotted lines. **Object:** To be the player who captures the most flags.

**Play:** Set a time limit. Turn the number cards face down on the playing area. Have each player choose a flag. A player can choose two flags if there are only a few players playing. Each player then chooses a number card for each flag he has in his possession, being careful not to allow the other players to see which number or numbers have been chosen. The number or numbers they have chosen are where their flags are hidden on the game board. Play begins by each player placing his or her game piece on a blank space on the game board. Determine which player will go first. The player then shakes the die. The player can move in any direction he chooses. The player should try to land on the numbered spaces. If a player lands on a numbered space, they capture a flag if there is one hidden there. If the space also poses a question, the player must answer the question first before capturing a flag. The player with the most flags at the end of the game wins.

**Extra Activity:** As a family, make your own "Title of Liberty". Either purchase material, or use some that you already have at home. As a family, choose your favorite scripture to put on the lag. Allow each family member to draw a picture that represents something about themselves. Se creative! This can be a really fun activity.

### Mark and the Title of Liberty

Times had been hard for Mark because he was attending a new school in a new city. Mark's parents had moved the family from Utah to Texas because of his father's job, and getting used to a new life was a little difficult.

Even though everything was different and strange, Mark tried his best to become part of the group of kids who swarmed around the cafeteria lunch line every day. Some of the kids accepted him readily but some were a little hesitant. Each day when Mark came home, his mother would ask how things had gone and they would talk about the experiences of the day. Mark's mother wanted very much for her sixteen year old son to feel comfortable at the new school. She hoped that he would some day be glad that they had moved to Texas.

Days and weeks passed, until Mark was finally making friends and going to activities with kids in his class. Suddenly, religion became the subject of their conversations.

"Where do you go to church, Mark?" one of the kids questioned.

"I'm a Mormon!" Mark proudly replied. There was silence in the room. It was almost deafening. Suddenly, kids were making excuses to go somewhere else and others were making fun of Mark's faith.

"Hey, where are your horns?" someone shouted.

"How many wives does your father have?" another yelled.

Mark immediately knew that there was no love here for the Church of Jesus Christ of Latter-Day Saints. He made his excuses and left hurriedly to catch the bus. All the way home, Mark thought about his experience. It angered him that the guys he had come to know and like were saying horrible things about the religion he loved. How could he possibly stand up to those kinds of comments and the incessant teasing which was sure to take place?

The next day was worse. Everyone had heard about the "Mormon" kid. Mark knew that there weren't many LDS kids at the school. The church building they attended was an hour away but he had never even entertained the thought that he would be ridiculed for his beliefs. As the day wore on, things got even worse with someone writing on his locker in big, bold strokes, "Go Home, Mormon!" It felt as though Mark's heart was in his throat and he sunk into a deep depression.

Mark's mom noticed the huge change in her son and was very worried about him. "What is it, Mark?" she asked.

Telling his mom was not something Mark wanted to do, but after she asked the same question several times, he gave up and explained the situation.

"I have been hoping that this wouldn't happen, son," she spoke softly, "but now it has, and we must find a way to deal with it. The answer will be in the scriptures."

She reached for her worn Book of Mormon and turned to the 46th chapter of Alma. There she read to Mark one of her favorite stories.

It was the story of the "Title of Liberty" and of Captain Moroni. In the days of the Book of Mormon, there was a time when a man named Amalickiah became mad at the church and began to lead the people away. He could flatter people with his words and he convinced even the lower judges of the land that he could be their king, that he would give them power and position. At the same time, Helaman and his high priests were preaching to the people and trying to increase their testimonies. There were many who believed Amalickiah and they left the Church.

How quickly the children of men forgot the Lord and were led away by Satan! All this was caused by just one wicked man roaming among the children of God.

Moroni soon heard about what was going on and he was terribly angry with Amalickiah. He took a piece of his coat and tore it from his body. He wrote upon it, "In memory of our God, our religion, and freedom, and our peace, our wives, and our children - and he fastened it upon the end of a pole."

He then put on all of his armor and he took the pole with the piece of his coat attached to it. This he called the "Title of Liberty" and he bowed himself to the earth. He prayed mightily unto his God for the blessing of liberty to rest upon his brethren. He asked of God that the cause of the Christians and the freedom of the land might be favored. "And he said: 'Surely God shall not suffer that we, who are despised because we take upon us the name of Christ, shall be trodden down and destroyed, until we bring it upon us by our own transgressions."

Moroni then went all around the land, waving the "Title of Liberty" and calling upon the people to come forth in the strength of the Lord, to enter into a covenant that they would maintain their rights and their religion, that they might be blessed by the Lord. Then a miracle happened. People everywhere joined with Moroni, tearing pieces of their own clothing to show that they, too, would covenant.

Then Moroni had the Title of Liberty hoisted upon every tower in the land that was owned by the Nephites. They began to have peace in the land for a very long time.

Mark's mom closed the pages of the book and winked at her son. That night, Mark tore a small piece of material from one of his old shirts and sat at the desk to write his message. He attached the small flag to a four-inch dowel and laid it by his bed.

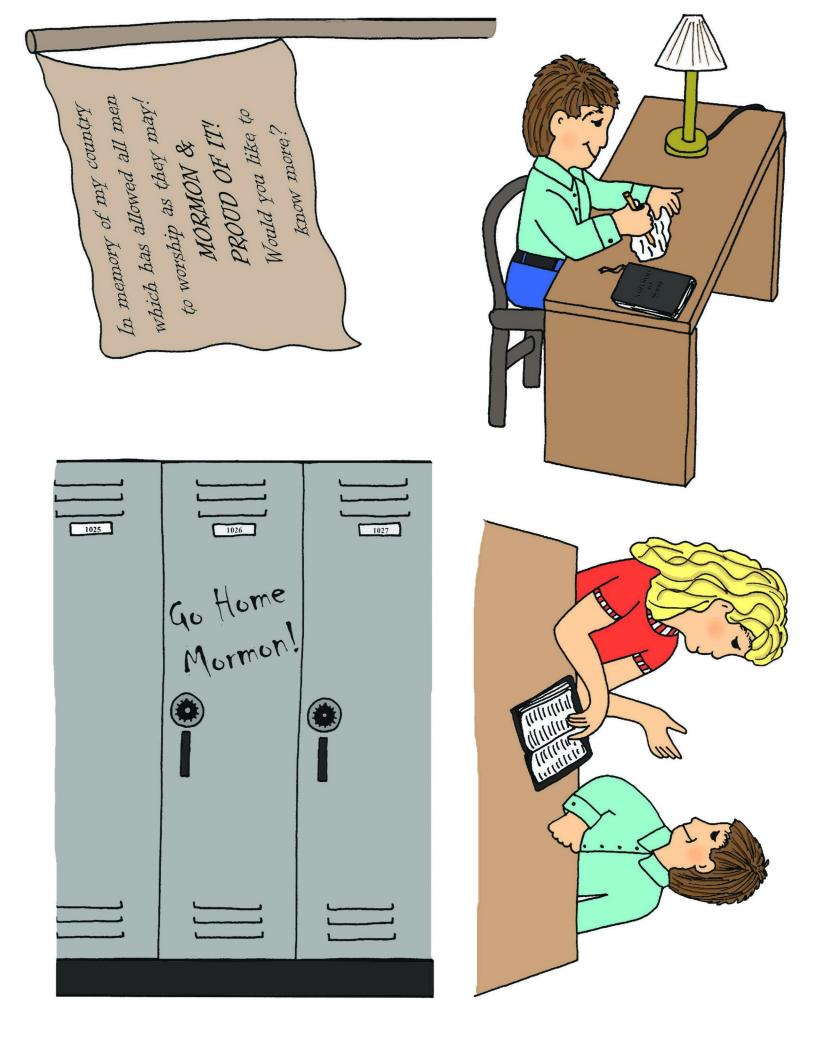
As Mark walked into his first class that next morning, he heard the snickers and comments from his classmates but they didn't get to him this time. He strolled proudly to his seat and sat down, the little flag sticking out boldly from his pocket. Students sitting nearby leaned over to read the message written on the cloth.

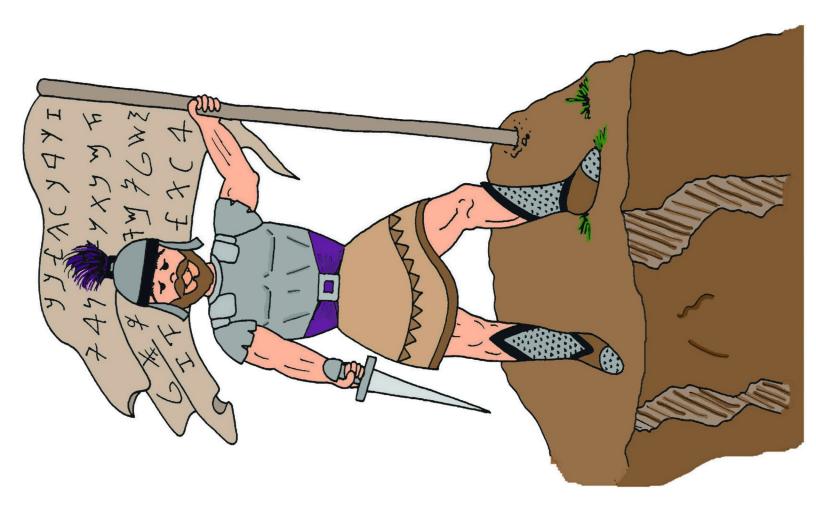
"In memory of my country which has allowed all men to worship as they may. MORMON & PROUD OF IT! Would you like to know more?"

There were a few kids who kept their distance from Mark that year, but for the most part, his classmates gained a new respect for him and never mentioned it again. There were even those whose curiosity got the best of them and they began asking questions about the Church. Mark's courage and faith carried him through and it will do the same for you.

### **DISCUSSION**

- •Do you have the courage to stand up for your beliefs?
- •Have you ever been teased for your beliefs?
- •If you could make a Title of Liberty, what would it say?

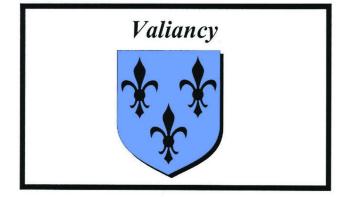




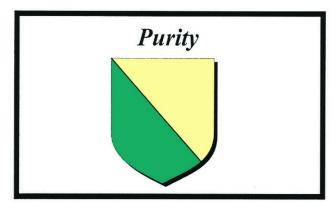
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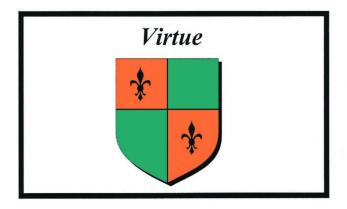




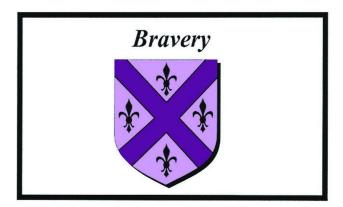


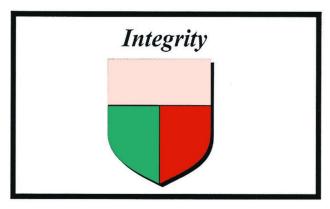


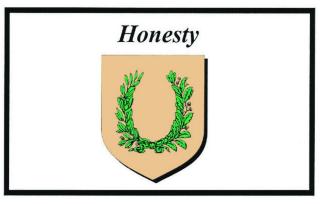












LOSE FOSE			HI How Did Mark Show Courage?	
#15	Cartin Flas			
Move Two Spaces In Any Direction			#12	
H9 Name The Wicked Man Who Tried To Lead People Away From The Church.	Give Up One Of Your Captured Flags To An Opponent	#3	Take A Flag From Any Of Your Opponents	
LOSE A TURN				FREE ROLL
#4 What Does It Mean To "Have Faith"?	Give Up One Of Your Captured Flags To An Opponent	#13 What Is Something I Did Today That Demonstrated "Choosing The Right"?	#7 What Can I Do To Show Integrity?	ā

-	<b>S</b> #	Take A Flag Ynh mort Vour StnonoqqO	01#	
<b>KOTT EKEE</b>		e.		Give Up One Of Your Captured Flags To An Opponent
		8#	ono qu svid Vour Captured Flags To An Thonong	9#
	#2 Name The Man Who Created The Title of Liberty.		reThe	In What Way Can I Be An Example To My Non-Member Friends?
		Captu	Flas	#14
	#11 How Can I Be Honest In Everything I Do?	Move Four Spaces In Any Direction		Give Up One Of Your Captured Flags To An Opponent

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## FAR SPITE

# Howard W. Hunter