

💜 Family Home Evening Made Easy 🞾

82 Aspen Grove Dr. W. Evanston, WY 82930 1-720-870-0398 www.hatchpatchcreations.com

### Lehi's Dream

The Tree of Life Family Home Evening Packet



Contents: Story, Picture Sheets, Activity, Scripture, Treat Recipe

\$7.00

### Lehi's Tree of Life Dessert

### Ingredients Needed:

green coconutmint flavored ice creamtootsie rollsblack licorice vines

white chocolate chips or mini marshmallows

chocolate syrup

brownies

wafer cookies

•refrigerated chocolate flavored whip cream in a spray can

the children as they are creating their works of art, what each item your children all of the elements of Lehi's dream. Ahead of time, place your white coconut in a bag with green food coloring. Shake the bag until the coconut is green. Allow to dry. Begin the activity by giving each child a plate. Have them spread the green coconut on to one take a brownie and stand it on its end on the plate. The brownie represents the "spacious building." Have each child create the "river of filthy water" with some chocolate syrrup by drizzling it across the plate. Along the bank of each child's river, have them stretch their piece of licorice. This represents the "iron rod." To the side of the licorice, make a path with the wafer cookies. The wafers represent the "strait and narrow" path. Somewhere along the path of wafer cookies, allow each child to spray some chocolate whip cream. This represents the "mist of darkness" that can obstruct our view. Now have each child take several tootsie rolls and stand them on their ends, squeezing them together to form the trunk of a tree. Place the tree trunk on the plate. Place one scoop of mint chocolate chip ice cream on top of the tootsie rolls. This represents the "tree of life." And last but not least let the children place white chocolate chips or white Now let the children eat their masterpieces. ENJOY! (Be sure to tell **DIRECTIONS:** This will be a messy but fun and creative way to teach area of the plate. The coconut represents the "spacious field." Next, mini marshmallows all over their tree. These will represent the fruit.

### Lehi's Dream The Tree of Life Family Home Evening Packet **Home Evening Outline**

Opening Prayer
Opening Song
Scripture
Story
Game
Closing Song
Closing Prayer
Refreshments

Suggested Songs: "Choose The Right Way", pg. 160 (Childrens)
"I Will Follow God's Plan", pg. 164 (Childrens)
"The Iron Bod" pg. 274 (United)

"The Iron Rod", pg. 274 (Hymn)

Scriptures: 1 Nephi 15:24, 3 Nephi 12:10-12

markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc. Story: Be sure to read Lehi's Dream and become familiar with it. It is found in 1 Nephi chapter 8. Color graphics with

Game: Preparation -Color and laminate the "Tree of Life" game board. Laminate and cut out the "Eternal Life Certificates

and all of the game cards.

Play - Divide the family up into two teams. If possible, place an adult on each team. Mix the cards and place them face down in the center of the playing surface. Have each team choose the first "Clue Giver." Determine which team will go first. and go back to it later during the minute time limit.) He does this by giving clues, but never mentioning anything that is on the card. For example: The key word is: "Iron Rod". The "Clue Giver" could say "The Word of God." Try and encourage the "Clue Givers" to use the representations as clues. This will help the children learn and remember what each element in Lehi's guessed. Which ever team had the most cards correctly guessed, gets to move on to the "Tree of Life" level. If for some reason there is a tie, a "Sudden Death" round begins. This is done by each "Clue Giver" drawing one card and having twenty second time limit. Once a team has been determined the winner of the round, they will play in the "Tree of Life" round. The ully guessed, the card is placed face up on one of the squares on the "Tree of Life" game board, starting with the bottom row and working towards the top. If all six cards are successfully guessed, the team earns one "Tree of Life" certificate. Mix all of he cards again, and place them face down on the playing surface and start a new round, repeating the same process as above. You may choose different "Clue Givers" for each round. The team with the most "Eternal Life Certificates" wins the he "Clue Giver" from the team that will go first draws four game cards from the top of the pile. The "Clue Giver" has one minute to try and get his teammates to say the word or words on each of his four cards. (He may pass on a card at any time dream represents. Also, if a game card is drawn that has been used previously in the game, play the card. We all learn by repetition, so the more the cards are played with, the better the retention. Once the time of one minute has expired, the team counts how many cards were correctly guessed. It is now the other teams turn. They follow the same procedure that team #1 did. Once both teams have had an opportunity to play four cards, each team reveals how many cards they correctly seconds to get their team to guess the key word. If guessed correctly, play moves to the other team who draws one card and nas thirty seconds to get his team to guess the key word. Play continues until a team does not guess correctly in the thirty Clue Giver" of that team draws six cards. He has one minute to give clues for all six cards. Once a card has been success-

### Lehi's Dream The Tree of Life

It was around the year 600 B.C. when a great prophet and his family lived in Jerusalem. This prophet's name was Lehi and his wife was Sariah. The sons of Lehi were called Laman, Lemuel, Sam and Nephi.

In the very first part of the Book of Mormon, we can read the story of Lehi and his family. Being a prophet in those days was very hard for Lehi because no one wanted to listen to him. He talked and talked to the people, warning them that if they didn't repent and stop doing so many bad things that the Lord would destroy Jerusalem and them with it. But no one would listen.

After many months of speaking to the people, the Lord told Lehi to take his family and leave Jerusalem and he did as he was told. They ventured out into the wilderness, taking those things that they would need to survive and leaving all of their worldly possessions behind. This must have been a very hard thing for them to do.

Just like many families, Lehi had children that obeyed his word and loved him and he had children who disobeyed him and caused him much grief. Laman and Lemuel were very difficult sons and caused their father to pray for them constantly.

While on their journey in the wilderness, Lehi was privileged to have a dream that was sent from God. It was a most unusual dream and one that had many great meanings for all of us, even in this century. It is important that we know what Father Lehi's dream was and what it means for it can help us to do those things that will keep us strong in the gospel.

Lets go with Lehi to his dream of the "Tree of Life" . . . . (Have each family member follow along in their scriptures)

### **OBJECT LESSON**

Place an object at the far end of the room. Show each of the family members the object and where you have placed it. Choose a family member to be blindfolded. (Make sure that there are obstacles in the way of the path to the object while being careful not to allow the family member to injure themselves while trying to make their way to the object.) Spin the blindfolded family member around two to three times. Ask them to make their way to the object. After the person has stumbled around for a minute, have a string attached to the area where the object is. Have another family member hold the other end so that the string is taut. Carefully guide the blindfolded family member so they can grasp the string. Now tell them to follow the string until they find the object.

> **Discussion:** •How difficult was it to try and find the object on your own? •Did having the string to guide you make it easier? (Compare the string to the "iron rod.")

### **DISCUSSION #1**

Read Together: 1 Nephi 8:5-9

Question: What does the "spacious field" represent? (Look up Matthew 13:38)

Answer: The "spacious field" represents the world.

### **DISCUSSION #2**

Read Together: 1 Nephi 8:10

Question: What does the "tree" represent? (Look up 1 Nephi 11:25) Answer: The "tree" represents the love of God.

### **DISCUSSION #3**

Read Together: 1 Nephi 8:11-13

Question: What does the "river" in verse 13 represent? (Look up 1 Nephi 12:16)

Answer: The "river" represents the depths of hell.

### **DISCUSSION #4**

Read Together: 1 Nephi 8:14-18

Discussion: • How do you think Lehi felt when Sariah, Sam and Nephi did as he requested by partaking of the fruit?

•How do you think Lehi felt when Laman and Lemuel would not come and partake of the fruit?

**Testimony:** (Bear testimony to your children of why it is so important that your children follow your counsel. Explain to them that you have their best interest at heart and that your ultimate goal is to help them obtain eternal salvation, and to live with Heavenly Father as a family. Let them know how sad you would be if one of them did not cling to the iron rod and make it to the Celestial Kingdom with you.

### **DISCUSSION #5**

Read Together: 1 Nephi 8:19

Question: What does the "rod of iron" represent? (Look up 1 Nephi 11:25)

**Answer:** The <u>"rod of iron"</u> represents the <u>word of God</u>.

### **DISCUSSION #6**

Read Together: 1 Nephi 8:20

Question: What does the "strait and narrow path" represent? (Look up 2 Nephi 31:18)

Answer: The "strait and narrow path" represents the path that leads to Eternal Life. If we obey our Heavenly Father's

commandments and follow his example, we will obtain it.

### **DISCUSSION #7**

Read Together: 1 Nephi 8:21-23

**Question:** What does the "mist of darkness" represent? (Look up 1 Nephi 12:17) **Answer:** The "mist of darkness" represents the temptations of the devil.

### **DISCUSSION #8**

Read Together: 1 Nephi 8:24

**Discussion:** •Does Satan want us to hold fast to the iron rod?

•What does Satan try and tempt us with to get us to let go of the iron rod?

•How can we make sure that we always stay on the straight and narrow path and never let go of the iron rod?

Read Together: 1 Nephi 15:24

### **DISCUSSION #9**

Read Together: 1 Nephi 8:25-26

**Question:** What does the "spacious building" represent? (Look up 1 Nephi 12:18)

Answer: The <u>"spacious building"</u> represents the <u>vain imaginations and pride of the world</u>. (Discuss what it means to be

prideful and how Satan uses pride to try and destroy us and our testimony)

### **DISCUSSION #10**

Read Together: 1 Nephi 8:27-32

Question: What does the "depths of the fountain" represent? (Look up 1 Nephi 15:29)

**Answer:** The "depths of the fountain" represent the depths of hell.

### **DISCUSSION #11**

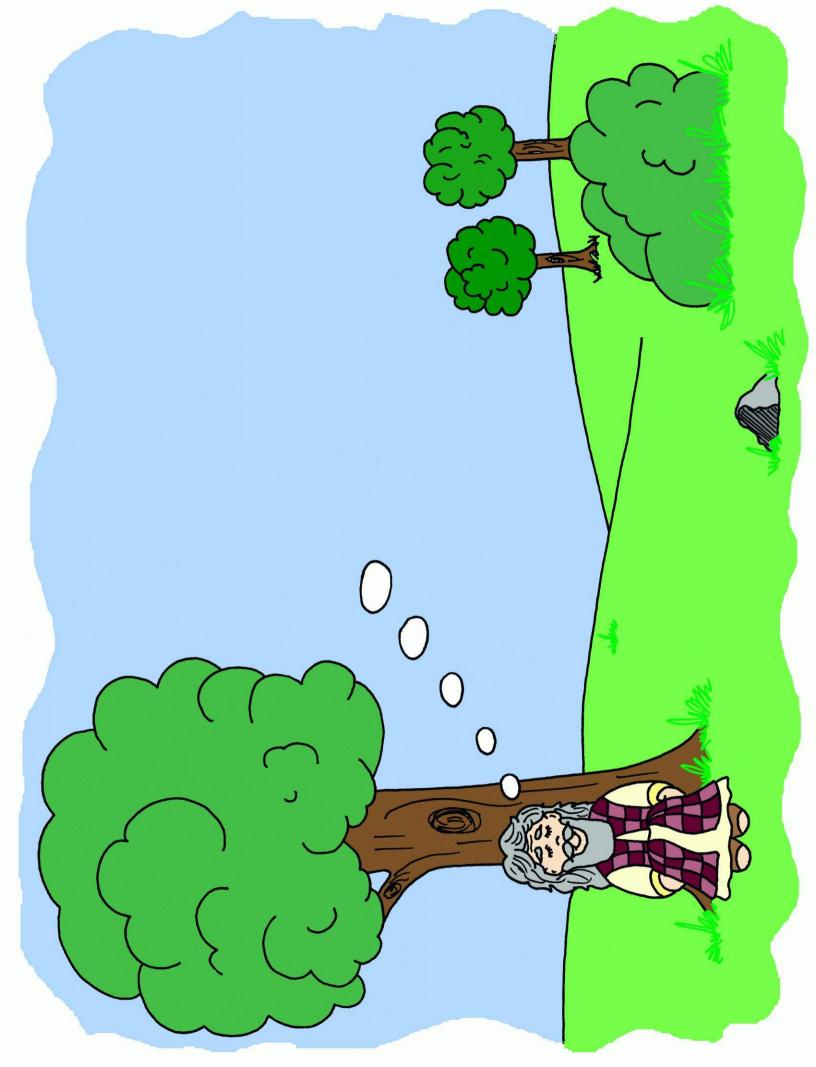
Read Together: 1 Nephi 8:33

**Discussion:** There will come many times in your life that you will be persecuted for your beliefs, whether it is your determination to follow the word of wisdom and not partake of harmful substances, or to abstain from unholy practices on the Sabbath, to not watch rated R movies, etc. The important thing to remember is, our ultimate goal is to return and live with our Heavenly Father some day. In order to do so, we must not give in to the temptations of our peers or Satan.

Read Together: 3 Nephi 12:10-12

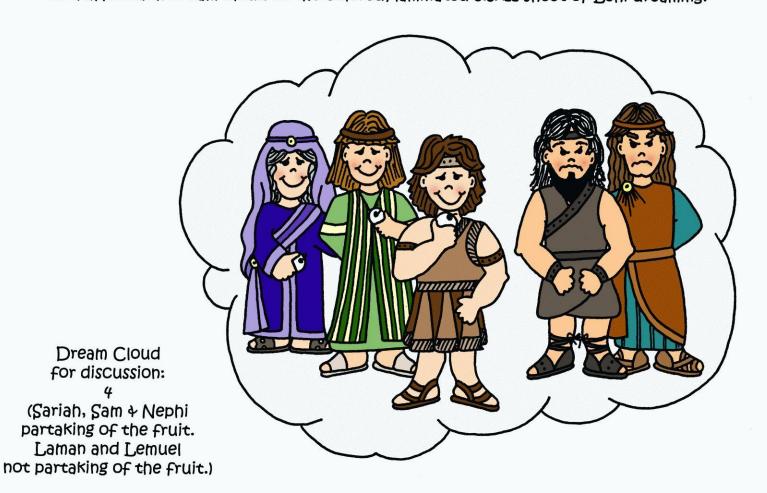
### Conclusion

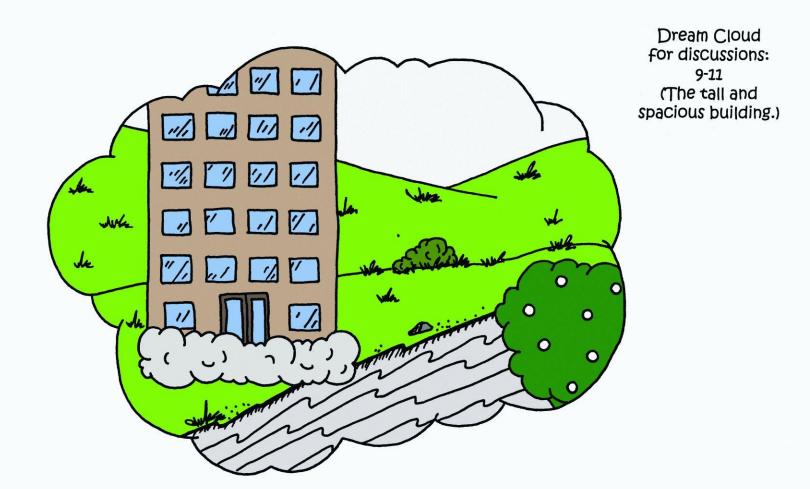
Read Together: 1 Nephi 15:23-24

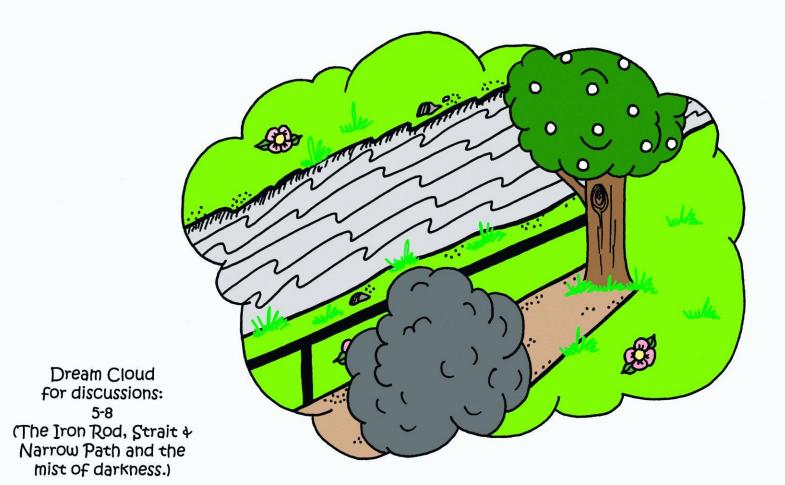


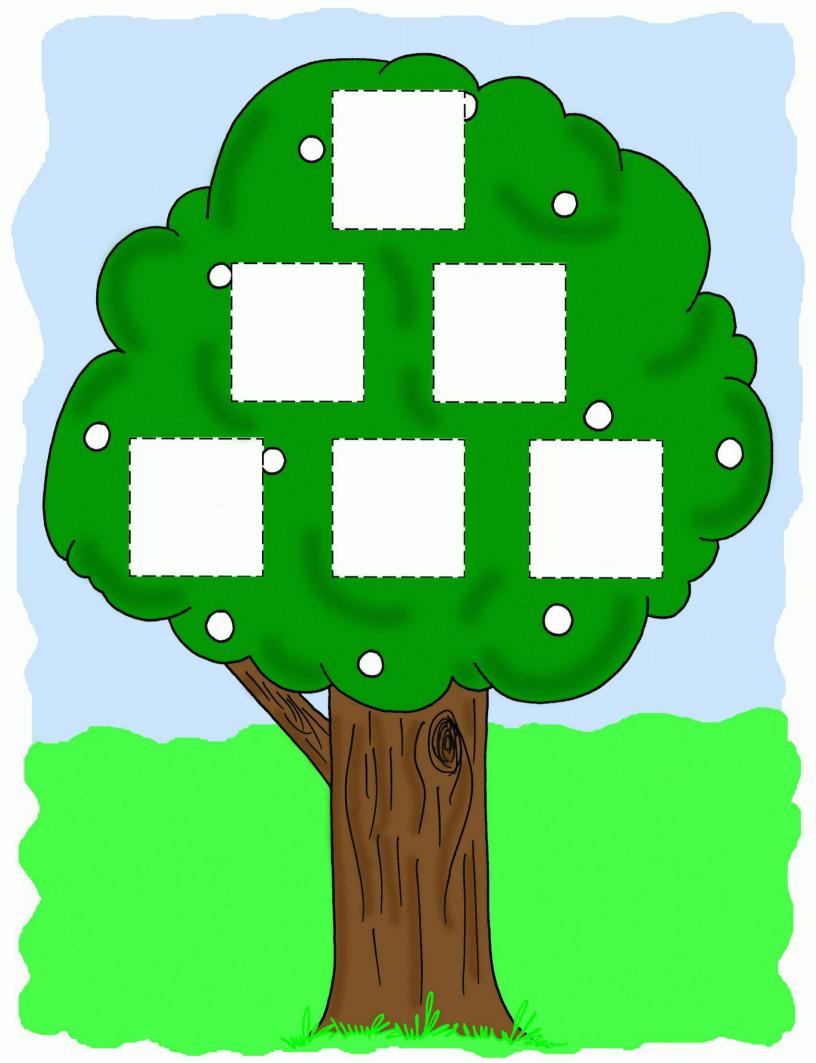


Color, laminate and cut out each dream cloud. Label the back of each dream cloud with the discussion numbers. Apply tape on the back of each of the dream clouds. As you discuss each one, affix each dream cloud to the colored, laminated 8.5x11 sheet of Lehi dreaming.









   Satan	Temptations	The Iron Rod	The Spacious Building	The Mist of Darkness
The Strait and Narrow Path	The Spacious Field	The Tree of Life	Fruit	River
Pride	Parent's Counsel	Scriptures	Laman 4 Lemuel	Persecution
Love of God	The World	The Depths of Hell	Word of God	Eternal Life
Heavenly Father	     Commandments     	Example	Obey	Happiness
Whiteness	Desirable	Pressing Forward	Dream or Vision	Prayer

# $\bigoplus_{\text{A}} \text{DifC} \text{Certifi}$ wherefore, ye must press forward with a steadfastness in Christ, having a perfect brightness of hope, and a love of God and of all men. Wherefore, if ye shall press forward, feasting upon the word of Christ, and endure to the end, behold, thus saith the Father: Ye shall have eternal life."

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### 1 NEPHI 15:24

WORD OF GOD, AND WOULD HOLD FAST UNTO IT, THEY . . AND WHOSO WOULD WOULD NEVER PERISH; HEARKEN UNTO THE

TEMPTATIONS AND THE FIERY BLINDNESS, TO LEAD THEM DARTS OF THE ADVERSARY AWAY TO DESTRUCTION." OVERPOWER THEM UNTO NEITHER COULD THE