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I Will Not Whine Family Home Evening Packet



Contents:

Story, Picture Sheets, Game, Scripture, Treat Recipe

\$7.00

I Will Not Whine Family Home Evening Packet

Home Evening Outline

Opening Prayer
Opening Song
Scripture
Story
Game
Closing Song
Closing Prayer
Refreshments

Suggested Songs: "If You're Happy," pg. 266 (Childrens)
"Smiles," pg. 267 (Childrens)
"A Smile Is Like The Sunshine," pg. 267 (Childrens)

Scripture: Proverbs 15:13

Story: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics.

Happy Kisses

Ingredients:

1/2 cup butter-flavored shortening

3/4 cup creamy peanut butter

1 1/4 cups brown sugar

4 Tbsp. milk

3/4 cup flour

3/4 cup flour

1/2 tsp. salt

1/2 tsp. soda

-chocolate kisses

Directions:

In a mixing bowl, blend together shortening, peanut butter and brown sugar until the mixture is creamy and light. Add milk, egg and vanilla and mix until fluffy. In a separate bowl, mix together flour, salt and soda until well blended. Add this mixture to the peanut butter mixture. Mix well. Spoon a tablespoon of the cookie mixture into your hand and roll into a ball. Place balls of dough onto an ungreased cookie sheet. Bake for eight to nine minutes in a 350 degree oven. Remove cookies from oven, and while still hot, gently press a chocolate kiss into the center of the cookie. Allow cookies to cool. ENJOY!!!!!!!!!!

over the top of the left side of the game board and adhere. Color the game board as desired and laminate. Color each of the owls, leaving the "To Whine or Not To Whine" Game: Preparation - Cut the right side of the gameboard, along the dashed line. Overlap this sheet 3/8 of an inch rectangle white and writing each players name on his own owl game piece. Laminate the game pieces and assemble the stands for the game pieces Object - To be the first player to move around the board in a counter-clockwise direction and reach the "FINISH" nest. as directed on the game piece sheet. Laminate and cut out the scenario cards.

a card directs him to move forward. Once a player has moved his owl the number of spaces indicated on the card, his turn ends and rotates to the next Play - The player with the most letters in their first name goes first. Play then rotates to the left. Each player places his owl on or around the "START" nest. If the card directs the player to move backward, and he is on the "START" position, the player simply remains on the "START" nest until his next turn or until The first player begins by drawing a scenario card and reads it aloud. The card will direct the player as to whether he is to move forward or backward. player. The game ends when a player successfully moves his owl around the entire game board to the "FINISH" nest.

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I Will Not Whine

Nick the night owl had a problem. He was a whiner.

DISCUSSION

•Do you know what a whiner is?

It is someone who complains about a lot of things and does it in a whiny, complaining voice. It can be very irritating if you are the one listening to a whiner.

Mrs. Night Owl was really tired of having Nick whine about everything.

If she fixed a fine breakfast for Nick and his brothers and sisters, the other children ate it happily but not Nick, oh no! He began in his irritating, whiny voice to tell Mother Owl how he didn't like it and wouldn't eat it.

During flying lessons, the twins Agnes and Amos loved taking off from the pine branch and flying to the next tree over but not Nick. Oh no, he complained and whined so loudly that old Mrs. Toad, five rocks over on the ground could hear him. She didn't like to hear him whine either.

Nick would sigh and say that he just couldn't do it. "I don't want to fly that far, Mother," he would say in his best whiny voice. "I'm scared."

Mother would try to console the little night owl but to no avail. Every day it was the same story.

When the little night owls played together, the other four children would laugh and have a great time together. They loved to play hide and seek among the ferns on the ground in the forest. But Nick would whine the entire time, saying the ferns were prickly and that he was the one who had to be "it" more than anyone else.

Whining had become a habit with the little night owl.

Even his friends didn't want to come around anymore. Rachael Rabbit tried to steer clear of him whenever she saw him coming her way and Robbie Raccoon just didn't come over any more.

One day, while Nick was searching for his friends, Thomas the tortoise from the pond down the way happened to be walking through the forest.

"Have you seen my friends, Thomas?" called out Nick in his best, whiney, little voice.

"Why yes, Nick," Thomas answered. "They are over at the duck pond, playing."

"Well, why are they over there without me?" Nick whined again.

Thomas the tortoise pulled a funny face.

"What's the matter, Thomas?" Nick's whiney voice said.

Thomas scratched the top of his head where he still had a few hairs left.

"Well," he began, "did you ever think that it may be because you whine too much?"

Now Nick had a strange look on his face.

"Whine too much! What does it mean to whine?" Nick asked.

"You are never happy, Nick! You whine a lot and that can get on other's nerves. Have you ever stopped to think how blessed you are? You live in this beautiful forest with your mother and father and four brothers and sisters. You have a beautiful nest and a perch high atop that great pine tree. You should be grateful. You should be happy!" The tortoise scratched his head again.

Nick didn't even realize that he had been whining. It had become such a habit that he just did it on instinct.

"How do I stop whining?" Nick asked.

Thomas the tortoise sat down right in the middle of the path. "You must try to see the good things, son," he said. "Don't complain about everything. Speak in a normal tone and try to get along."

Then the tortoise sauntered off in the opposite direction, leaving Nick to think about what he needed to do. He was going to try hard. He was going to work on not being a whiner.

Nick hurried home to tell his mother about his new goal. Needless to say, Mother Night Owl was very excited about Nick's new quest.

Every day for the next week, Nick practiced speaking normally and NOT whining. He tried to get along with everyone and he tried to see the good things. It worked. Pretty soon, he was not whining anymore.

Everyone in the forest noticed that Nick wasn't whining and Mother Night Owls' nerves were in much better shape.

DISCUSSION

- •Do you know someone who whines?
- •How does it make you feel when you are around someone who whines?
- •What can we do to stop whining?





Mother Night Owl

Rachael Rabbit

DO NOT COPY

Thomas the tortoise

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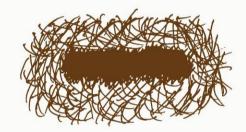


You must try to see the good things

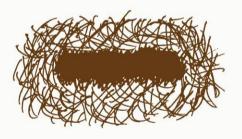




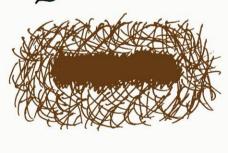


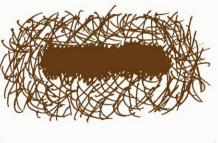


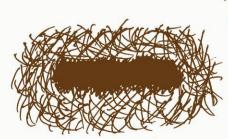


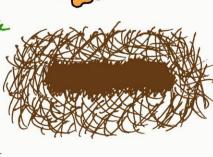


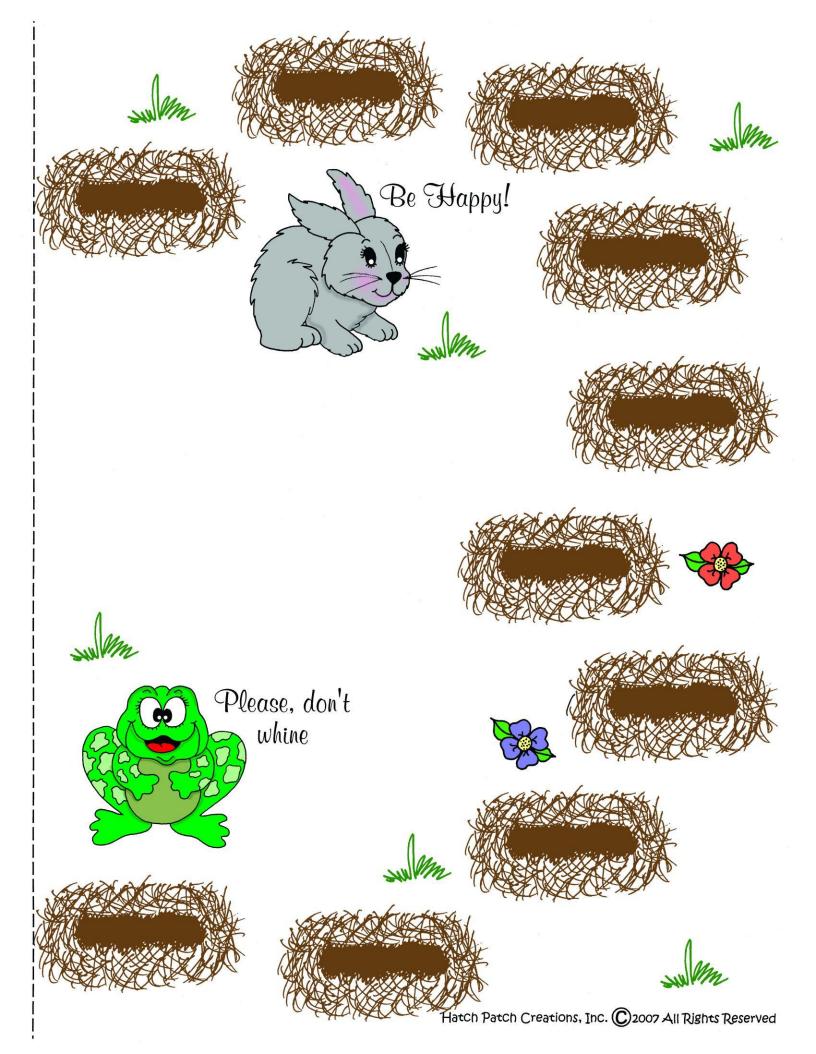






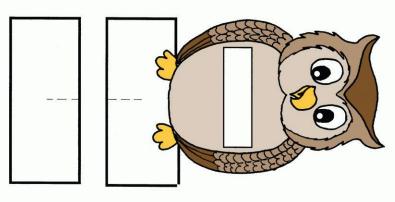






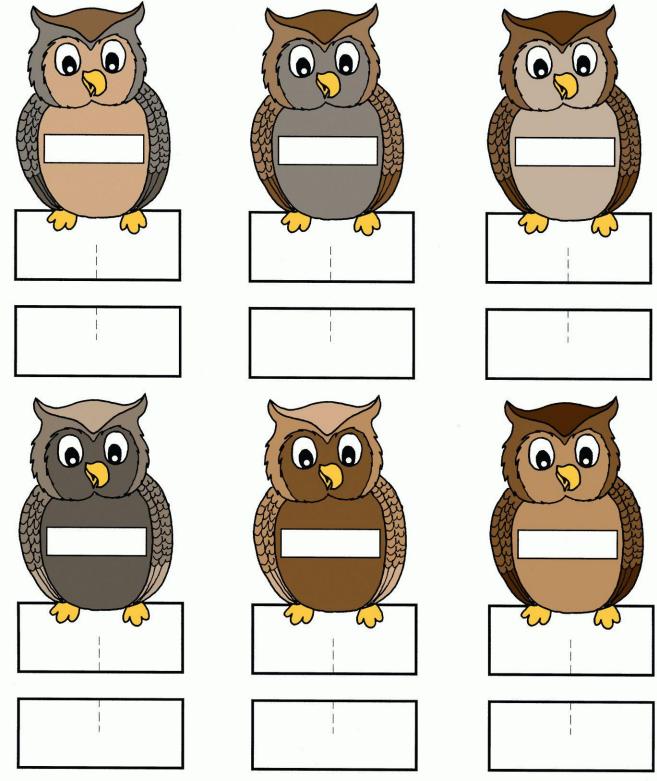
| You asked your mother if you could have something at the store and she told you "Not this time dear." You responded by whining and throwing a fit. Go Back 2 nests | You wanted to finish watching a television program, but your father asked you to go to bed. You began whining that you didn't want to go to bed. Go Back 1 nest | Your older brother took a toy from you. You whined to your mother that he had taken the toy, and continued to whine until he gave it back to you. Go Back 1 nest |
|--|---|--|
| You didn't like the dinnen that your mother prepared. You sat at the table and pouted and whined. Go Back 2 nests | Your sister wouldn't play a game with you, so you whined and whined until she finally gave in and played. Go Back 1 nest | Someone took your spot on the couch. You threw a fit and whined. Go Back 1 nest |
| Someone at school got to the swing you wanted before you did. You whined to your friends. Go Back 2 nests | You asked your sister to read a book to you, but she was too busy. You whined until she couldn't take it anymore. Go Back 1 nest | Youn little sisten stanted playing with a toy that you wanted to play with. You whined again! Go Back 1 nest |
| Your mother wouldn't let you play outside because it was too cold. Whine, Whine, Whine!!!!! Go Back 2 nests | Your brother ate the last chocolate chip cookie and you didn't get one. You cried and whined! Go Back 1 nest | Your sister got mad at you because you messed up her bed. You whined to your mother that she had been mean to you. Go Back 1 nest |
| You were fighting with your brother. It was your fault, but you whined to your father that it was your brother's fault. Go Back 2 nests | Your best friend wanted to play a different video game than you did. You whined until he gave in and played the one you wanted to. Go Back 1 nest | You didn't get to sit in the front seat of the car. Your brother got to it first. You whined to your mother you were there first. Go Back 1 nest |

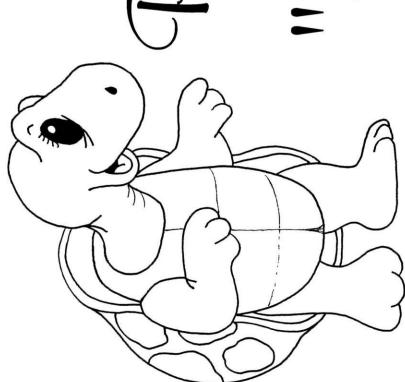
| Your mother wouldn't let you go to your friend's house to play. You said "Okay Mom," and didn't whine. Go Ahead 3 nests | Your father asked you to do some chores around the house. You did the chores right away without whining about it. Go Ahead 4 nests | Ot was a school night, and your parents asked you to go to bed at 8:00 p.m. You didn't whine and went straight to bed. Go Ahead 3 nests |
|---|--|--|
| Your friend took your seat at the lunch table at school. You didn't whine, and just sat next to him. Go Ahead 2 nests | Youn Phimany teachen asked you to sit quietly and fold youn anms. You did as you wene asked and did not whine. Go Ahead 3 nests | You did not like what your mother fixed for dinner, but you were grateful and ate it anyway without whining. Go Ahead 4 nests |
| You did not get to be first I in the lunchline at school. That's okay, you got in line I and did not whine about it. Go Ahead 2 nests | Your mother asked you to set the table for dinner. You smiled and said "Sure Mom!" No whining. Go Ahead 2 nests | You were asked to help pick up trash in the yard. You did it without whining. Go Ahead 3 nests |
| Thene was only one brownie left. You shared it with your little sister and didn't whine about it. Go Ahead 2 nests | Your father asked you to brush your teeth before you went to bed. You agreed, and brushed your teeth without whining. Go Ahead 3 nests | Your grandmother asked you to get the mail for her. You did it without whining. Go Ahead 4 nests |
| You were asked to read a story to your little brother. You did it without whining. Go Ahead 3 nests | Your grandfather asked you to help him with some yardwork. You were a good helper, and you did not whine. Go Ahead 2 nests | You didn't get your homework finished. Rather than whining and giving an excuse to your teacher, you accepted the consequences. Go Ahead 4 nests |



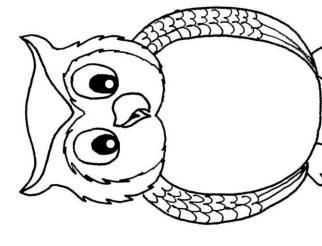
Owl Game Pieces

Color each owl as desired, leaving the rectangles on the owl's chest white. Write the name of each player on his own owl. Laminate the owl and the rectangle directly below the owl. Cut each owl out along with the rectangle that is attached to the owl's claws. Cut along the dashed line. Cut out the rectangle that was directly below the owl. Cut on the dashed line. Insert one slit into the other and you have a free-standing game piece.





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countenance

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