

# Exercise 2

*Chris Penfold*

*12 December 2018*

## **My New Year's resolutions**

1. ~~Eat less biscuits~~
  - i) 01/01/2019
2. ~~Watch less TV~~
  - i) 02/01/2019
3. **Do more exercise**
4. **Eat more fruit**
5. **Submit 1 paper drafted in RMarkdown**